

All registration (except swim and evening Water Aerobics) starts on Wednesday, December 10 at 9:00 am. Swim and evening Water Aerobics registration begins December 11 at 9:00 a.m.

<u>Don't waste time standing in line!</u> Register with eConnect or Touch-Tone telephone.

Faxed and mailed registrations processed at random. See page 66.

New Refund Policy, See Page 3.



Maple Grove Parks & Recreation Board

www.maplegrovemn.gov 763-494-6500 12951 Weaver Lake Rd, Maple Grove MN 55369



The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

HOLIDAY CLOSURES

The Parks and Recreation Board office will be closed on the following days:

- Wednesday, December 24 (Open 7 a.m. till 12 p.m.)
- Thursday, December 25 (Christmas observance)
- Friday, December 26 (Christmas observance)
- Thursday, January 1 (New Years Day)
- Monday, January 19 (Martin Luther King Day)
- Monday, February 16 (Presidents' Day)

PHONE NUMBERS

Main number	763-494-6500
Websitewww.ma	plegrovemn.gov
Ballfield Reservations	
CC Birthday Party Packages	
CC Group Reservations, Room Rentals	
Eagle Lake Bldg Reservations	763-494-6507
Ice Arena Office	763-494-5968
Park Concerns/Questions	763-494-6502
Park Reservations	763-494-6507
Program/Game Status Recording	763-494-5959
Sports Dome Reservations	763-494-6480
Touch-Tone Telephone Registration	763-420-3662
Town Green Reservations	763-494-5969

MAPLE GROVE PARKS AND RECREATION BOARD

Parks and Recreation Board office	763-494-6500
Chair: Timothy Phenow	763-420-6465
John Ferm	763-464-2757
Ken Helvey	763-416-2049
Bill Lewis	763-494-4084
Troy Nygaard	763-420-0256
Terry Sharp	763-420-9374
Deb Syhre	763-420-7258
Council Representative: Karen Jae	eger763-420-3838

PARK BOARD MEETINGS

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 p.m. Residents are invited and encouraged to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

PARKS AND RECREATION BOARD STAFF

DirectorTerry Just Superintendent of RecreationMark Saari
·
Superintendent of Parks and Planning Chuck Stifter
Park SupervisorScott Roberts
Administrative SupervisorPatty Anderson
Recreation Program SpecialistMichelle DeBace
Recreation Program SpecialistKatie Lallier
Sports Dome Operations SupervisorJeanne Vestal
Special Events & Volunteer Coordinator Deb Coss
Senior Citizen CoordinatorKris Orluck
Community Center ManagerLisa Jost
Community Center Operations Supervisor Frank Weber
Community Center Facility Maint Coord Paul Mertes
Community Center Facility CoordSam Ellingson
Community Center Aquatics SupervisorLisa Gedker
Community Center Aquatics CoordinatorGayle West
Youth Outreach CoordinatorTanya Hilger
Playhouse Preschool TeacherGayle Selsback

REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.



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Registration Information

Registration Start Dates

Program registration (except Swim Lessons and evening Water Aerobics and those noted) begins on Wednesday, December 11 at 9:00 a.m. This includes online, touch-tone telephone (763-420-3662), mail-in fax and walk-in registrations. Swim and evening Water Aerobics registration begins on Thursday, December 12 at 9:00 a.m. See page 66.

T E Indicates electronic registration is available.

Are you a resident?

Residents are citizens who live or work full-time within the City of Maple Grove boundaries. Some programs do include a \$5.00 per person non-resident fee in addition to the activity fee. See program details.

General Information

- Each class has a minimum and maximum enrollment. Classes will be cancelled if minimum enrollment is not met.
- If a class is full, call 763-494-6500 to be placed on the waitlist.
 If an opening comes up, we will call from the waitlist in the order that they were received.
- Instructors are not authorized to accept registration at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$30.00 fee for all NSF checks.

Refund Policy

- Requests for refunds must be received at least three full business days before the first class session. There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place. In that instance, you need to notify the office of the person replacing you.
- Full refunds will be issued for all classes or trips cancelled by Parks and Recreation.

Corrections and Updates

Staff makes every effort to ensure each issue of the brochure is free from errors, however there are times when errors or revisions in program details do occur. We appreciate your patience and understanding when these situations do occur.

Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.





Maze, Gym, Ice Arena, Grove Cove Aquatics Center

New Year's Eve at the Community Center E **Dance the Year Away!**

Grab your dancing shoes because you're invited to a fun party for the whole family! "The Zinghoppers" will get the young and the young at heart singing, dancing and zinghopping along. But that's not all! Swimming, skating, Maple Maze, inflatables, crafts and a 9:45 p.m. balloon drop all make for a great way to welcome in 2015.

> ~ December 31, 2014 ~ 6:00 p.m. - 10:00 p.m. ~ \$9 per person

> Registration taken immediately. **On-line registration (Code 51561)**. Register by family or group.

www.maplegrovemn.gov ● Parks and Recreation ● eConnect Registration

Tickets ordered by December 18th will be mailed. Tickets ordered December 19 - December 31 will be available at the will-call window (arena entrance).

Or... purchase tickets at the Community Center through 4:00 p.m. on December 31st.

If available, tickets at the door are \$12.

Tickets are non-refundable.

Community Center closes 4:00-6:00 p.m. on December 31 for party preparation.

Free skate rental while supply lasts.

Socks are required to play in the Maple Maze.

> Concessions are an additional charge.





Around Town



MAPLE GROVE SPORTS DOME

The Maple Grove Sports Dome began its fourth season of operation in early November. The facility, located at 9880 Fernbrook La N (north side of MGSH) is a 92,000 square foot inflated dome that provides much needed space for various resident activities. The Dome serves as a training and game site that is used by local youth baseball, softball, soccer and lacrosse groups. In addition to the primary field usage area, the Sports Dome possesses a blue colored track on the perimeter for use during the dome season, with evening and weekend hours of operation. Track hours vary dependent on compatibility with turf use. Four baseball/softball hitting tunnels are also available to rent.

For information:

- Availability of dome turf rental, contact Jeanne Vestal, Dome Operations Supervisor at <u>jvestal@maplegrovemn.gov</u> or phone 763-494-6480.
- Batting tunnel reservations online www.tunnelsatmg.com (scheduling begins early November).
- Availability calendar for "The Track" at the Sports Dome online at <u>www.maplegrovemn.gov</u>. Click "around the city" &
 "Sports Dome" (calendar available beginning November 1, 2014).

ACTIVE LIVING EVERY DAY

"Get on Track to an Active Life"

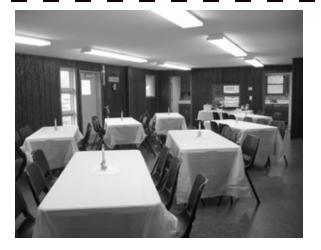
Many of us have started exercise programs only to lose motivation because of a busy schedule at home and work. Others find the thought of committing to a gym routine several times a week intimating. If this sounds familiar to you, you are not alone. The good news is that just because the weather has changed doesn't mean we can't make some positive healthy changes in our lives. Maple Grove Hospital, Fairview Maple Grove Medical Center and Maple Grove Parks and Recreation Board are pleased to offer the Active Living Every Day (ALED). This 12-week program, taught by dieticians from Maple Grove Hospital, will teach you how to make simple lifestyle changes, overcome your own barriers, set realistic goals, build confidence and stay motivated. Active Living Every Day works because the classes are practical and personal. You will discover ways to become active that work for you.

Maple Grove Senior High, Room #250/251

Wednesdays, Jan 7 - March 25

6:30 - 7:30 p.m. \$140.00 51839





EAGLE LAKE COMMUNITY BUILDING

This facility is a fully remodeled and air conditioned WWII Fort Snelling Army barracks. The building located at 6259 Eagle Lake Dr. has one large room with tables and chairs for 47 people, restroom and kitchenette. A deck with picnic tables overlooks Eagle Lake, a small playground and ballfield/skating rink. The lakeside setting with many mature trees is a great place for community groups, family gatherings, office retreats and more. Daily rental permit fees are \$25 for residents and \$200 for non-residents. For reservations or more information, please call 763-494-6507.





Rental Opportunities

The Meeting Room

Tables and seating for up to 29 persons. Available year-round. Easy on-street parking. \$10 to \$30 per hour.

The Bandshell

Terraced seating walls for 300 persons and a stage with sound equipment and theatrical lighting. \$600 - \$700



The Point

A peninsula with a raised pergola. \$200 - \$300

Now booking summer 2015 wedding and private parties. Catering available.

"The Lawn" with a small stage and "The Plaza" are also available for rental.

For information about renting the Town Green for your event, call 763-494-5969. Additional charges might apply. 14 days notice required. All fees are subject to change.



Youth Sports

YOUTH ATHLETIC ASSOCIATIONS



Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

BASEBALL/FASTPITCH SOFTBALL

Organization: OMGAA - Osseo Maple Grove Athletic

Association

Program: House Leagues - BB/FP Ages 9-18

Traveling Teams - BB Ages 10-15 & FP ages 9-18

Information: at <u>www.omgaa.org</u>

BASKETBALL

Organization: OMGBA - Osseo Maple Grove Basketball

Association

Program: House Leagues - Grades 1-12

Traveling Teams - Grades 5-8

information: <u>www.omgba.net</u>

HOCKEY

Organization: OMGHA - Osseo Maple Grove Hockey

Association

Program: House Leagues - Ages 4-15 (4 by 7/1/14)

Traveling Teams - Ages 9-17

Information: <u>www.omgha.com</u>

SOCCER

Organization:Maplebrook Soccer AssociationProgram:Traveling Teams - Ages 19 & underInformation:www.maplebrooksoccer.com

FOOTBALL

Organization: OFA - Osseo Football Assn

MGYFA - Maple Grove Youth Football Assn

Program: House Leagues – Grades 2 - 8 **www.osseofootball.org**

<u>www.mgyfa.com</u>

SWIMMING

Organization: NHCP Swim Club

Program: Competitive Swimming – Ages 6 – 18 **Information: www.teamunify.com/mnnhcp**

WRESTLING

 Organization:
 Osseo Area Youth Wrestling

 Program:
 Pre-Kindergarten - grade 6

 Information:
 www.osseoyouthwrestling.org

TENNIS

Organization: Maple Grove Crimson Tennis Assn. Inc.

Program: Youth, ages 14 and older **Information: mgcrimsontennis@yahoo.com**

LACROSSE

Organization: Maple Grove Lacrosse Association

Osseo Park Center Boys & Girls Lacrosse

Program: Youth, grades 3 - 8 traveling

Contact: <u>www.mglax.com</u>

www.opcgirlslacrosse.com

www.opclax.com

2015 OMGAA BASEBALL & FASTPITCH SOFTBALL PROGRAM

For information on the 2015 Baseball and Fastpitch Softball season, check out the Osseo-Maple Grove Association website at www.omgaa.org Watch for 2015 registration around the first of the year.



PARKS AND RECREATION SPORTS

Looking for a fun recreational sport opportunity for your child? Try a Parks and Recreation league! Registration information for the following sports will be available in late February 2015 Leagues begin practice starting in early May and games run through July.

Cub Baseball – Grades 1 & 2 (separate girls and boys leagues)

Slo-Pitch Softball - Grades 3 - 6 (girls)

Soccer – Grades 1 – 9 (separate girls and boys leagues)

Check out the 2015 Spring Brochure or online at www.maplegrovemn.gov after February 20th for registration details.

Don't forget – Sign up in the spring for summer sports!





Adaptive Recreational Activities

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provides to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.

ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort between the cities of Brooklyn Park, Brooklyn Center, Golden Valley, Maple Grove, Plymouth, and REACH for Resources. REACH is an agency, which serves individuals with developmental disabilities and their families in the West and Northwest metro area. Services include information, referral, advocacy and counseling. Programs include social/recreation groups and education programs. For information and registration procedures, call Sarah at 952-988-4177. NOTE: For persons not living in one of the above communities, you are considered a "non-resident" and need to add the indicated non-resident fee to the registration fee.

Participants must PRE-register with REACH.

ADULT ACTIVITIES

<u>Wednesday Night Social</u> - Various North Metro community locations (Wednesdays, 6:30-8:30 p.m.) \$40.00 residents

<u>Bowling</u> - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$35.00 residents with an additional \$3.50 each week

<u>On the Town I</u> – Ages 18 + (Fri. evening) Requires an intake please call REACH. Fees depend on activity.

<u>On the Town II</u>- Ages 18 + (Saturday Nights) Requires an intake please call REACH. Fees depend on activity.

<u>Yoga & Family</u> – Get into shape while gaining flexibility. St Louis Park Rec.Center (Tuesday evenings, 7:00-8:00 p.m. \$40.00 residents, Family Fee: \$50.00 per parent/Child (\$20.00 for each additional family member.

<u>Zumba</u> – Get into shape while learning popular dance moves. St Louis Park Rec.Center (Monday evenings, 6:30-7:30 p.m. \$40.00 residents

<u>Non-Competitive Basketball</u> – Brooklyn Center Youth Rec Center (Thursday evenings, 6:30-8:00 p.m.) \$40.00 Residents

TEEN ACTIVITIES

Bowling - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$35.00 residents with an additional \$3.50 each week

<u>Social Seekers</u> - This is a program for teens that have Asperger's Syndrome. Program meets once a week for fun and social interaction. Groups are available for varying age levels. Please call Sarah for more information at 952-988-4176.

<u>Teen Explorers</u> – Meet new friends, games, art, movies, community events and more. Various metro locations (Tuesday evenings, 6:30-8:30 pm) \$40 Residents



YOUTH ACTIVITIES

<u>Bowling</u> - Doyle's in Crystal (Saturdays 12:00-2:00 p.m. or 2:00-4:00 pm) \$35.00 residents with an additional \$3.50 each week

<u>Yoga & Family</u> – Get into shape while gaining flexibility. St Louis Park Rec.Center (Tuesday evenings, 7:00-8:00 p.m. \$40.00 residents, Family Fee: \$50.00 per parent/Child (\$20.00 for each additional family member.



SPECIAL EVENTS

<u>Annual Meeting, Holiday Party & Art Showcase</u> – Minnetonka Community Center (Thursday, Dec 11th – 6:00-8:30 pm \$5.00 suggested donation at the door.

<u>Bingo Night</u> – Night of fun and prizes. Friday, March 6th –Brooklyn Park Community Center 6:30-8:00 p.m. Cost \$5.00

<u>Friday Night Dances</u> – Join your friends and groove to all the latest hits! (St Louis Park High School- Jan 16th, Feb 20th & March 20th) Cost: \$5.00 at the door, All dances are from 7:00-9:00 p.m.

Weekend Ventures: Mall of America

Spend a weekend at a hotel in Bloomington. Explore the Mall of America and More! This is a weekend respite program for ages $16 + (March 20^{th}, 6:00 p.m. - March 22^{nd} 11:00 a.m.)$ Cost: \$350.00 for the Weekend.

<u>Superbowl Party</u> – Come watch the BIG GAME with us! Brookview Golf Grill, Golden Valley (Feb 1st, 5-9 p.m.) Call Kristen at 952-988-4177 for more details.



Volunteer Opportunities - 'We Need You'

MAPLE GROVE AMBASSADORS

For 15 years, the Ambassador program has provided young women of Maple Grove ages 17-21, the opportunity to grow personally and professionally through community involvement, networking, and leadership opportunities in Maple Grove and across the greater Twin Cities area. With support from local businesses and organizations, the program has awarded more than \$100,000 in educational scholarships to alumnae Ambassadors. If you have an event you would like the Ambassadors to attend, or you would like more information on how you can support the program, please email info@maplegroveambassadors.com. For more information, you can visit our website, maplegroveambassadors.com or our Facebook page."Maple Grove Ambassador Scholarship"

MAPLE GROVE JAZZ ENSEMBLE



The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 – 9:00 p.m. at Osseo Junior High under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at PTMANO@q.com or call him at 763-566-5150. The Jazz Ensemble is available for performances throughout the Twin Cities and for presenting jazz clinics at junior and senior high schools.

MAPLE GROVE COMMUNITY ORGANIZATION (MGCO)

Did you enjoy Maple Grove Days this year? Are you looking for a way to become involved in your community? MGCO is a dedicated, fun group of volunteers who plan Maple Grove Days, Family Fun Halloween Event, Breakfast with Santa and Sleigh Bells and Sparkle Parade. Volunteers and new members are always welcome as we work together to celebrate Maple Grove. Meetings are the 4th Tuesday of each month at 7:00 p.m. at the Community Center, please join us. For more information visit www.maplegrovedays.org or call 763-494-5985. Everyone is welcome!

MAPLE GROVE HISTORY

The Maple Grove Historic Preservation Society meets the third



Pierre Bottineau House

Thursday of every month at 7:00 p.m. in the Maple Grove History Museum, 9030 Forestview Lane (Public Works building). The museum is open the second Sunday of each month from 1:00-4:00 p.m. Come and help us discover Maple Grove's past. Everyone is welcome. For more information, call 763-494-5983.



ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park or to find out what areas are still available for adoption, please call 763-494-6535 or email dcoss@maplegrovemn.gov.

Many thanks to the groups and individuals who have adopted a park or trail. All who use these areas appreciate your help.

Advent Lutheran Church, Ann Katzmarek and Stephanie Huseby, Basswood Elementary 5th grade classes, BMO Harris Bank Maple Grove, Bob Peterson, Bohn family, Boy Scout Troop 584, BSA Troop 211, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 84, Eagle Lake Preservation Association, Fernbrook Elementary School, Fish Lake Woods Home Owners Association, Girl Scout Daisy Troop 16647, Girl Scout Troop 13589, Girl Scout Troop 15427, Henning family, Jatko family, LDS Church – Maple Grove Ward Scout Pack 247, LDS Cub Scout Pack 742, Lindley family, Lonesky family, Lord of Life Lutheran Church, Maple Grove Junior High WEB, Maple Grove North Super Target Team Members, Maple Grove TAG, MOMS Club of Maple Grove - Fish Lake, MOMS Club of Maple Grove - Rush Creek, Norman family, Northwest Hennepin County Rotary Club, Oak View Elementary Student Council, Pam and Jim Crenna, Pathways SDA Church of Maple Grove, Pruhs family, Rosen family, Rush Creek Elementary, Sam's Club, Sandy and Jessica Rocheleau, Spark! Kids, Stanoch family, The Jonquil Group, Timur's family, Weber family and several anonymous volunteers.

DONATION OPPORTUNITIES

Arbor Lakes Area Benches

Give the gift of relaxation. Park benches marked with a bronze plaque will be a long-lasting remembrance. \$1500

Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email_ panderson@maplegrovemn.gov for more information.





2014 Gifts, Donations & Grants Annual Summary





Gifts & Donations to \$250:

Bonnie Toora Byerly's Cub Foods Domino's Donato's Floral Flash Digital Portraits Forever 21 Frankie's Life Spa Lookout Bar and Grill Menchie's Frozen Yogurt MG Farmer's Market Old Country Buffet **PCI** Academy Ruehling and Associates Sylvan Learning The Oilery Whole Foods

Gifts & Donations \$250 - \$1,999:

Jimmy John's
Lynde Nursery
Mainstream Boutique
MGCO
Terry Sharp

Gifts & Donations over \$5,000:

Maple Grove Lions

Angel of Hope Bricks In memory of:

Beauden James Shaw Bravden John MacKenzie Caroline Bakalyar Connor Prothero Dawn Marie Pfister Derek Allen Rowe Dylan Wade Emmett A. Weisz Eric M. Lindquist Gennifer Rae Temple Grant Sawyer Hannah Aynne Hudson William Ling James Peterson Jeremy Lee Schugg Jonathan Kormanik Jordan Requel Gibbs-Wagner Joshua & Payton St. Jacque Kari Olson Hoke

Angel of Hope Bricks In memory of:

Lucretia Rose Jennrich
Machael (Mac) Greeman
Mara Delaney Sanders
Matthew Vincent Serbus
Michelle Leigh Barth
Miles March Saéz
Morgan Ann Twedt
Samuel Evan Fredrickson
Sophia Claire Schumack
Ted C Hoffstrom
Thomas Weis
Troy Perron
Virginia Trainor
Weston Lee Brownell
William Scott Vogel

Bench Sponsorships In memory of:

Kim Bartsch John (Jack) Schreider David Melnick Murray C. Peterson

Sincere appreciation is extended to the individuals, businesses and organizations that have generously provided cash donations, products or services to benefit the Community Center visitors, park users and recreation programs.



Special Interest



PLAYHOUSE PRESCHOOL 2015-2016 SCHOOL YEAR

The Playhouse Preschool is located in the Maple Grove Community Center, 12951 Weaver Lake Road. This is a State licensed program for children 3, 4 and 5 years of age. Through our curriculum we try to involve the children in a wide variety of experiences in order to arouse their curiosity, challenge their physical and intellectual abilities and encourage self-expression. The learning program is designed with the individual child's development in mind. Child must be 3 by September 1, 2015.

If you are interested in sending your child to preschool in the fall of 2015, please contact the Maple Grove Parks and Recreation Board office at 763-494-6505. Your child's name will be placed on a waiting list. You will be contacted sometime in late winter.

Tuition

A \$25.00 non-refundable registration fee is charged once during each school year. Payments are made on a monthly basis. You will be given a coupon book to make monthly payments. Tuition is due the first of each month. A \$10.00 late fee is assessed if the payment is not received by the tenth of the month.

Non-Resident Fee

Anyone who does not live in Maple Grove on a permanent basis will be required to pay a non-resident fee of \$5.00 per person. This fee will be assessed only once during each school year.

Playhouse Schedule

Session 1 Mondays and Wednesdays

9:00 a.m. - 11:30 a.m. - 4 and 5 year olds

12:15 p.m. - 2:45 p.m. - 3, 4 and 5 year olds

Session 2 Tuesdays and Thursdays

9:00 a.m. - 11:30 a.m. - 3, 4 and 5 year olds

12:15 p.m. - 2:45 p.m. - 4 and 5 year olds

Session 3 Fridays only

9:00 a.m. - 11:30 a.m. - 3 year olds only

12:15 p.m. - 2:45 p.m. - 4 and 5 year olds

For further information, please contact Jody at the Maple Grove Parks and Recreation Board Office at 763-494-6505.

ANGEL OF HOPE CANDLELIGHT MEMORIAL

Every year on December 6th at 7:00 p.m. a candlelight memorial is held at the Angel of Hope Statue in Maple Grove. The Angel of Hope is one of many Christmas Box Angels throughout the United States that are replicates of a statue commissioned by Richard Paul Evans, author of The Christmas Box, in response to reports that mourning parents were seeking a place to grieve and heal. The public is invited to attend this short, simple ceremony. Attendees are invited to bring a white flower to leave at the base of the statue in memory of loved ones. Candles will be provided. The Angel of Hope statue is located in the Maple Grove Arboretum, 9400 Fernbrook Lane. For more information, call 763-494-6535 or email, dcoss@maplegrovemn.gov.



ENJOY THE INDOOR FARMERS MARKET

You are invited to step in out of the elements and shop the Indoor Farmers Market. A wide variety of locally-grown seasonal produce and vendor-made specialty items await you inside the Maple Grove Community Center. Make Thursdays your Market Day. Join us from 3 to 6 p.m. on the following Thursdays: December 4 & 18, January 15, February 19 and March 19.

Here's just an idea of products offered:

Artisan breads Meats Eggs

Pickled products Cheese Candies/Cookies

Jams/jellies Maple Syrup Salsa Canned goods Honey Flax

Pasta Cereal Herbal Care Products

Seasonal produce Pickled products

Enjoy the atmosphere: Live music and free recipes each market day, and a big plus - it's toasty warm inside the Community Center. Other special items are in the works for the indoor season. Stay in the loop; sign up for email updates at www.maplegrovefarmersmarket.com and follow the Maple Grove Farmers Market on Facebook and Twitter.

KNOW YOUR PARKS

Did You Know?

- The skating/hockey rinks at shelter building sites are the first rinks to be flooded and plowed; so if you are excited to enjoy a beautiful winter day, check page 13 to find a shelter building near you.
- Groomed sledding hill and cross country ski trails are maintained by the Three Rivers Park District in the Elm Creek Park Reserve. Call 763-694-7894 for details on times, rentals, etc.
- Snowmobiling is not allowed on any parkland or trails.
 Concerns with persons violating this City code may be called into the Maple Grove Police Department.



Rice Lake Trail Winter Construction Alert - There will be a sanitary sewer rehabilitation project this winter along sections of Rice Lake; the east side may have some days where the trail is not usable. Check website at www.maplegrovemn.gov for construction status.





SKATE WITH US OUTDOORS.. 2014-2015

Season Schedule (weather permitting)
Kickoff/Opening Date: Saturday, December 13, 2014
Target Closing Date: Monday, February 16, 2015



COMMUNITY RINK HOURS

Warming Shelter, hockey and pleasure rinks, lights and Attendant on duty

,	
Monday through Friday	
Boundary Creek, Donahue North, Elm Creek, Gleason,	
Kerber, MG Jr. High, Weaver Lake	4:00 p.m 8:30 p.m.
Cedar Island	
	-
Saturday	
Boundary Creek, Donahue No., Elm Creek, MG Jr. High, Weaver Lake	12:00 noon - 6:00 p.m.
Kerber, Cedar Island and Gleason	12:00 noon - 8:30 p.m.
Sunday	
Boundary Creek, Cedar Island, Donahue North, Elm Creek,	
Gleason, Kerber, MG Jr. High, Weaver Lake	1:00 p.m 6:00 p.m.
Winter Vacation Hours (12/24/14 - 1/2/15)	
Monday through Friday	-
Christmas Eve	<u> </u>
Christmas Day	
New Year's Eve	
New Year's Day	12:00 p.m 8:30 p.m.
National Holiday & Non-School Days	
Martin Luther King Day (1/19/15)	
Release Days (2/2/15 and 2/13/15)	<u> </u>
Presidents' Day (2/16/15)	12:00 noon - 8:30 p.m.
METCH DOD HOOD DINK HOUDS	
NEIGHBORHOOD RINK HOURS	
Thoresen - Warming shelter, pleasure rink, lights and Attendant on duty	12.00
Saturday	<u> </u>
Sunday	1 1
Fish Lake Woods, Hidden Meadows and South Elm Road – Pleasure rink, no	o warming shelter or lights

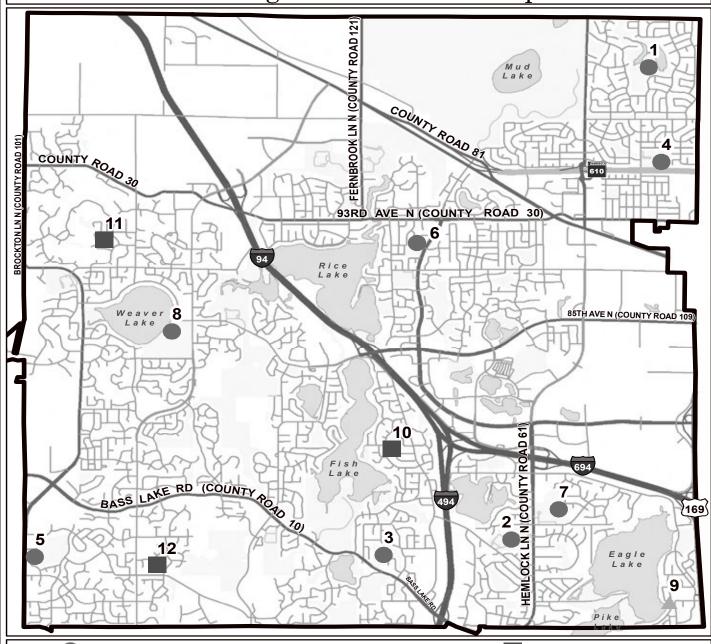
OSSEO-MAPLE GROVE HOCKEY

All Community Rinks have some scheduled ice time reserved for use by the Osseo-Maple Grove Hockey Association Monday through Friday between 5:30 p.m. and 8:30 p.m. each night. All Community Rinks will also have unscheduled ice time for open hockey. *Check your local rink for unscheduled ice time*.

- For current conditions of outdoor ice, contact the pre-recorded weather line at 763-494-5959. Line will be updated daily by 4:00 p.m.
- Ice rentals available during non-business hours. To schedule your time, contact Michelle at 763-494-6516.



Skating Rink Location Map



Community Rinks

- (Hockey and Pleasure Rinks, Shelter, Lights)
- 1. Boundary Creek Neighborhood Park 10122 104th Avenue
- 2. Cedar Island School Community Playfield 6701 East Fish Lake Road
- 3. Donahue North Community Playfield 6632 Annapolis Lane
- 4. Elm Creek School Community Playfield 9820 Revere Lane
- 5. Gleason Fields Community Playfield 18815 67th Avenue
- 6. Kerber Community Playfield 9095 Elm Creek Boulevard
- 7. Maple Grove Jr High Community Playfield 7000 Hemlock Lane
- 8. Weaver Lake Community Playfield 8401 Dunkirk Lane

Neighborhood Rinks

(Pleasure Rinks, Shelter and Lights weekends only)
9. Thoresen Special Use Park

6359 Eagle Lake Drive

Neighborhood Rinks

(Pleasure Rinks Only)

- 10. Fish Lake Woods Neighborhood Park 75th Avenue and Berkshire Way
- 11. Hidden Meadows Neighborhood Park 9100 Ranier Lane
- 12. South Elm Road Neighborhood Park 17255 66th Place

For more information on outdoor skating facilities contact the Maple Grove Park and Recreation offices at 763-494-6500 or visit www.maplegrovemn.gov

For current outdoor ice conditions contact our pre-recorded weather line at 763-494-5959.

Map Date 11/12/2014

13

Learn to Skate

MAPLE GROVE SKATING SCHOOL LEARN TO SKATE PROGRAM

An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena

The Maple Grove Skating School Learn To Skate Program is an indoor ice skating program for all ages, 3 through Adult, designed by U.S. Figure Skating as the Basic Skills Program which provides a simple but progressive method of group ice skating instruction. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club, Senior Club, Bridge Beyond The Basics and High Bridge Beyond The Basics. Please register for classes as soon as possible, as classes fill quickly. The registration deadline is one week prior to the start of classes or until spaces fill. Registrations are NOT accepted at the arena on the first day of the session. You MUST bring your Class Registration receipt to the first day of class to verify your registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov with any questions.

SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blades are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings and a hockey/bike helmet.

NEW CLASS BRIDGE BEYOND THE BASICS

(Exclusively for participants who are also registered for Free Skate 1 – 6)

Elements in Free Skate 1-6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1-6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1-6 levels. Participants must continue to be registered for Free Skate 1-6 in order to participate in Bridge Beyond The Basics. Register Today!

MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to present the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov for information regarding the sizing chart, prices and order form.



Like us on Facebook!

www.facebook.com/ maplegroveskatingschool

MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today.

NATIONAL SKATING MONTH - JANUARY 2015



January is National Skating Month for U.S. Figure Skating, USA Hockey and US Speedskating. During the classes of January 13-17, 2015, the Maple Grove Skating School will offer Figure Skating Exhibitions and National Skating Month related prizes. The Gently Used Skate and Skate Wear Sale will be held on Wednesday, January 21, 2015. Information regarding National Skating Month

will be posted in the Maple Grove Skating School display case located at the bottom of the steps to the lower level of the arena. Mark your calendar and experience the excitement of National Skating Month.



15TH ANNUAL ICE SHOW (AGES 3 - ADULT)

Any participant registered CONTINUOUSLY in the Maple Grove Skating School Learn To Skate Program at the Maple Grove Community Center Ice Arena, beginning with the October 2014 session through the last day of the session in April 2015, is eligible to participate in the 2015 Maple Grove Ice Show, "Traveling The States". The Ice Show is scheduled for April 18, 2015 at 1:00pm and 6:00pm. Tickets will be available at the door.



Learn to Skate

SNOWPLOW SAM (SNOWPLOW SAM 1 − 3) ☎ E

Ages 3-5

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1-3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

<u>Age 5</u>

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51637

Ages 3 - 5

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

11:15 – 11:45 a.m. \$66, \$71 NR (5 ses)

10:45 – 11:15 a.m. practice time 51638

<u>Ages 3 – 5</u>

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51639

<u>Age 5</u>

Saturdays, March 7 – April 11 (ex April 4)

10:45 – 11:15 a.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51640

<u>Ages 3 – 5</u>

Saturdays, March 7 – April 11 (ex April 4)

11:15 – 11:45 a.m. \$66, \$71 NR (5 ses)

10:45 – 11:15 a.m. practice time 51641

Ages 3 – 5

Saturdays, March 7 – April 11 (ex April 4)

11:45 – 12:15 p.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51642

<u>Age 5</u>

Wednesdays, January 7 - February 25

6:00 – 6:30 p.m. \$99, \$104 NR (8 ses)

6:30 – 7:00 p.m. practice time 51643

<u>Ages 3 – 5</u>

Wednesdays, January 7 - February 25

6:30 - 7:00 p.m. \$99, \$104 NR (8 ses)

6:00 – 6:30 p.m. practice time 51644

<u>Age 5</u>

Wednesdays, March 4 - April 8 (ex April 1)

6:00 – 6:30 p.m. \$66, \$71 NR (5 ses)

6:30 – 7:00 p.m. practice time 51645

<u>Ages 3 – 5</u>

Wednesdays, March 4 - April 8 (ex April 1)

6:30 - 7:00 p.m. \$66, \$71 NR (5 ses)

6:00 – 6:30 p.m. practice time 51646

DAYTIME SNOWPLOW SAM (SNOWPLOW SAM 1 − 3) ☎ E

Ages 3-5

Snowplow Sam teaches the U.S. Figure Skating Snowplow Sam 1-3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

*A helmet (hockey/bike) is highly recommended

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class

Maple Grove Community Center Ice Arena

Ages 3 - 4

Tuesdays, January 6 - February 24

10:15 - 10:45 a.m. \$99, \$104 NR (8 ses)

10:45 – 11:15 a.m. practice time 51671

Ages 4 – 5

Tuesdays, January 6 - February 24

10:45 - 11:15 a.m. \$99, \$104 NR (8 ses)

10:15 – 10:45 a.m. practice time 51672

Ages 3 – 4

Tuesdays, March 3 – April 14 (ex Mar 31)

10:15 - 10:45 a.m. \$78, \$83 NR (6 ses)

10:45 – 11:15 a.m. practice time 51673

Ages 4 - 5

Tuesdays, March 3 – April 14 (ex Mar 31)

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses)

10:15 – 10:45 a.m. practice time 51674

Ages 3 – 5

Thursdays, January 8 – February 26 (ex Jan 29)

10:15 - 10:45 a.m. \$89, \$94 NR (7 ses)

10:45 – 11:15 a.m. practice time 51675

<u>Ages 3 – 5</u>

Thursdays, March 5 – April 16 (ex April 2)

10:15 - 10:45 a.m. \$89, \$94 NR (6 ses)

10:45 – 11:15 a.m. practice time 51676





Learn To Skate Programs



SKATING SCHOOL (BASIC 1 – 3) & E

Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Basic 1

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

11:45 - 12:15 p.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51647

Basic 2 - 3

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses)

11:45 – 12:15 p.m. practice time 51648

Basic 1

Saturdays, March 7 – April 11 (ex April 4)

11:45 - 12:15 p.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51649

<u>Basic 2 – 3</u>

Saturdays, March 7 – April 11 (ex April 4)

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses)

11:45 – 12:15 p.m. practice time 51650

<u>Basic 1 – 3</u>

Wednesdays, January 7 - February 25

7:00 - 7:30 p.m. \$99, \$104 NR (8 ses)

7:30 – 8:00 p.m. practice time 51651

Basic 1 – 3

Wednesdays, March 4 - April 8 (ex April 1)

7:00 – 7:30 p.m. \$66, \$71 NR (5 ses)

7:30 – 8:00 p.m. practice time 51652

Ages 13 – Adult

Adult teaches the U.S. Figure Skating Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

12:15 – 12:45 p.m. \$66, \$71 NR (5 ses)

11:45 – 12:15 p.m. practice time 51653

Saturdays, March 7 - April 11 (ex April 4)

12:15 - 12:45 p.m. \$66, \$71 NR (5 ses)

11:45 – 12:15 p.m. practice time 51654

Wednesdays, January 7 - February 25

7:00 – 7:30 p.m. \$99, \$104 NR (8 ses)

7:30 – 8:00 p.m. practice time 51655

Wednesdays, March 4 – April 8 (ex April 1)

7:00 – 7:30 p.m. \$66, \$71 NR (5 ses)

7:30 – 8:00 p.m. practice time 51656



Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the U.S. Figure Skating Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey/bike) is highly recommended

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class

Maple Grove Community Center Ice Arena

Thursdays, January 8 - February 26 (ex Jan 29)

10:45 - 11:15 a.m. \$89, \$94 NR (7 ses)

10:15 – 10:45 a.m. practice time 51677

Thursdays, March 5 – April 16 (ex April 2)

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses) 10:15 – 10:45 a.m. practice time

51678



Learn To Skate Programs

HOCKEY SKATING DEVELOPMENT (HOCKEY 1 − 4) ☎ E

Ages 6 – 12 or passed Snowplow Sam 3

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. There are four levels for this hockey program: Hockey 1 – 4. This program is endorsed by USA Hockey. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice session.

*A helmet (hockey) is highly recommended.

*Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 - February 21 (ex Jan 24, 31 & Feb 7)

10:45 - 11:15 a.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51620

Saturdays, March 7 - April 11 (ex April 4)

10:45 - 11:15 a.m. \$66, \$71 NR (5 ses)

11:15 – 11:45 a.m. practice time 51621

Wednesdays, January 7 - February 25

6:00 - 6:30 p.m. \$99, \$104 NR (8 ses)

6:30 – 7:00 p.m. practice time 51622

Wednesdays, March 4 – April 8 (ex April 1)

6:00 - 6:30 p.m. \$66, \$71 NR (5 ses)

6:30 – 7:00 p.m. practice time 51623

Participants who have passed Basic 3

Advanced Skating School teaches the U.S. Figure Skating Basic 4-6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 - February 21 (ex Jan 24,31 & Feb 7)

9:45 - 10:30 a.m. \$71, \$76 NR (5 ses)

10:45 – 11:45 a.m. practice time 51657

Saturdays, March 7 - April 11 (ex April 4)

9:45 – 10:30 a.m. \$71, \$76 NR (5 ses)

10:45 – 11:45 a.m. practice time 51658

Wednesdays, January 7 - February 25

7:30 - 8:15 p.m. \$109, \$114 NR (8 ses)

6:30 – 7:30 p.m. practice time 51659

Wednesdays, March 4 - April 8 (ex April 1)

7:30 - 8:15 p.m. \$71, \$76 NR (5 ses)

6:30 – 7:30 p.m. practice time 51660

JUNIOR CLUB (BASIC 7-8 & FREE SKATE 1 – 3) & E

Participants who have passed Basic 6

Junior Club teaches U.S. Figure Skating Basic 7-8 levels and Free Skate 1-3 levels. Examples of elements taught include: forward/backward edges on an axis, mohawks, moving three turns, forward/backward scratch spins, waltz jumps, toe loops, etc. Each class consists of a 60 minute group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

8:45 – 9:45 a.m. \$74, \$79 NR (5 ses)

9:45 – 11:00 a.m. practice time 51661

(ice resurface from 10:30 - 10:45 a.m.)

Saturdays, March 7 - April 11 (ex April 4)

8:45 - 9:45 a.m. \$74, \$79 NR (5 ses)

9:45 – 11:00 a.m. practice time 51662

(ice resurface from 10:30 - 10:45 a.m.)



SENIOR CLUB, (FREE SKATE 4 - 6) & E

Participants who have passed Free Skate 3

Senior Club teaches the U.S. Figure Skating Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, spiral sequences, camel spins, loop jumps, the axel, etc. Each class consists of a 60 minute group lesson, 15 minute break, 30 minute off-ice group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

7:45 - 9:30 a.m. \$84, \$89 NR (5 ses)

9:45 – 11:00 a.m. practice time 51663

(ice resurface from 10:30 - 10:45 a.m.)

Saturdays, March 7 – April 11 (ex April 4)

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses)

9:45 - 11:00 a.m. practice time

51664

(ice resurface from 10:30 – 10:45 a.m.)



Learn To Skate Programs

BRIDGE BEYOND THE BASICS TO E

Exclusively for participants who are also registered for

Free Skate 1 – 6

Elements in Free Skate 1-6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1-6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1-6 levels. Participants must continue to be registered for Free Skate 1-6 in order to participate in Bridge Beyond The Basics.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*If a participant is registered for Bridge Beyond The Basics on Saturdays, his/her Junior Club/Senior Club practice time will be changed from 9:45 – 11:00 a.m. to 10:45 – 11:45 a.m.

*Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

9:45 - 10:30 a.m. \$71, \$76 NR (5 ses)

10:45 – 11:45 a.m. practice time 51665

Saturdays, March 7 – April 11 (ex April 4)

9:45 - 10:30 a.m. \$71, \$76 NR (5 ses)

10:45 – 11:45 a.m. practice time 51666

Wednesdays, January 7 – February 25

7:30 – 8:15 p.m. \$109, \$114 NR (8 ses)

6:30 – 7:30 p.m. practice time 51667

Wednesdays, March 4 - April 8 (ex April 1)

7:30 – 8:15 p.m. \$71, \$76 NR (5 ses)

6:30 – 7:30 p.m. practice time 51668



Maple Grove Skating School

HIGH BRIDGE BEYOND THE BASICS TO E

Participants who have passed Free Skate 6

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/positive thinking, boot/blade education and parent/guardian education. Each class consists of a 60 minute on-ice session, 15 minute break, 30 minute off-ice group lesson and a 60 minute practice session.

*Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

*Please arrive at the arena 20 minutes prior to the on-ice session on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, January 3 – February 21 (ex Jan 24,31 & Feb 7)

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses)

9:45 – 11:00 a.m. practice time 51669

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, March 7 – April 11 (ex April 4)

7:45 – 9:30 a.m. \$84, \$89 NR (5 ses)

9:45 – 11:00 a.m. practice time 51670

(ice resurface from 10:30 – 10:45 a.m.)

OPEN FREESTYLE & E

Participants who have passed Basic 3

Open Freestyle is a 45-minute or 60-minute session where a participant can make use of additional

practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 3 and above. Note: If a participant does not pre-register for Open Freestyle, the fee for each 45-minute session will be \$9.75 and payable to the Maple Grove Ice Arena Attendant before the session begins. Note: If a participant does not pre-register for Open Freestyle, the fee for each

60 minute session will be \$13.00 and payable to the

Maple Grove Ice Arena Attendant before the session begins. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are not valid for Open Freestyle. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovemn.gov with any questions.

Maple Grove Community Center Ice Arena

Wednesdays, January 7 - March 18

5:15 – 6:00 p.m. \$90.75 (11 ses) 51679

Wednesdays, January 7 – March 18

8:15 – 9:15 p.m. \$121 (11 ses) 51680



Music For Everyone

MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional \$10.00 non-resident fee per program.



PRIVATE LESSONS

Ages 7 - Adult

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant. The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls, 9391 Fernbrook Lane.

- The winter session begin the week of January 5th. A variety of days & times are offered. Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.
- \$231.00 residents, \$241.00 non-residents 11 lessons (non-resident fees are charged to participants not living in a member city)
- All students must bring their receipt to their first private lesson.
- For time arrangements and program content, call Alyssa at 763-509-5224.
- Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. Electronic registration in not available.

PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

51821



PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

51822



PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

51823

PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

51824



PRIVATE BRASS

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone. 51825

PRIVATE WOODWINDS

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

51826

PRIVATE HARP

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature.

51827



Music For Everyone - Group

FIRST STEPS IN MUSICLAND

Ages 18 months - 3 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. All registration accepted immediately

Lakeview Knolls Village Hall, 9391 Fernbrook Lane (Park building behind Arbor View)

Mondays, January 5 - February 9

9:30 – 10:15 a.m.	\$49(R), \$54(NR)	51828
10:20 – 11:05 a.m.	\$49(R), \$54(NR)	51829
Mondays, February 16	– March 23	
9:30 – 10:15 a.m.	\$49(R), \$54(NR)	51830
10:20 – 11:05 a.m.	\$49(R), \$54(NR)	51831



PIANO FOR LITTLE MOZARTS

Ages 4 - 6

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners'lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. The Little Mozarts piano lesson book is used for home practice between lessons and can be purchased at the first class (\$8.00).

51833

Lakeview Knolls Village Hall, 9391 Fernbrook Lane (Park building behind Arbor View)

Mondays, January 5 – February 9

11.13 11.73 a.iii.	772(11), 700(1111)	31032
11:45 - 12:15 p.m.	\$72(R), \$80(NR)	51833
Mondays, February 10	5 – March 23	
11:15 – 11:45 a.m.	\$72(R), \$80(NR)	51834
11:45 - 12:15 p.m.	\$72(R), \$80(NR)	51835

Family Fun Activities



VALENTINE'S DAY PARENT'S NIGHT OUT TO E

Ages (fully potty trained) 3 - 12

Treat yourself to an evening out and give your kids something fun to do as well. The Maple Grove Teen Advisory Group has teamed up with the Teen Center Staff to offer a fun-filled evening of games, pizza and fun activities – including playing in the Maple Maze. There is a limit of 30 children. The registration deadline is Friday, February 6th or until spaces fill. All parents will be required to leave an emergency phone number. There will be a 5/1 ratio of children to adult and high school youth supervision. Socks are required to play in the Maple Maze. A \$5.00 per child late fee will apply for any child picked up after 9:00 p.m.

Maple Grove Community Center, Room 110 & 112 Saturday, February 14

Drop off between 5:30 - 6:30 p.m. , pick up by 9:00 p.m. \$25 per child 51797



HARLEM GLOBETROTTERS

Children and adults

The World Famous Harlem Globetrotters bring their high flying jokes and hilarious basketball tricks to Minneapolis on April 4. With highly anticipated return of their arch rival - The Washington Generals - the Harlem Globetrotters celebrate their 89th Season of thrilling families and fans! After every game, Globetrotters stars remain on the court for autographs and photographs with fans. Please arrive at least ½ hour early for your performance! Children under the age of 24 months do not need a ticket; they sit on your lap. Indicate this on the registration form. Indicate on your registration form if you would like to sit with another family (not guaranteed). You will be notified when the tickets arrive at the Parks & Recreation office. The registration deadline is Friday, March 29 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis Saturday, April 4

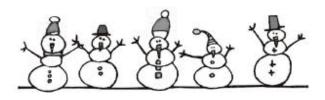
2:00 p.m. \$28 (lower level corners) 51778



Kids World- Creative Kids

PRESCHOOL ADVENTURES & E

Ages $3\frac{1}{2}$ - 5 (without a parent)



LET'S BUILD A SNOWMAN

Let's have some winter fun! What things do you like to do in the winter? Let's each make a snowman that we can dress so he stays warm on a frosty winter day! After our winter work is done, we will enjoy a "chilly" snack! Instructor, Barb Hiltner.

Maple Grove Community Center Monday, January 19

9:30 – 11:30 a.m.	\$12	51844
12:00 – 2:00 p.m.	\$12	51845



A POCKET FULL OF KISSES

What do you have in your pocket? I bet it's something special that you can share! Let's create a special pocket full of kisses! After completing our project, we will sing our favorite Valentine songs and have a "sweet" treat! Instructor, Barb Hiltner.

Maple Grove Community Center Monday, February 2

9:30 – 11:30 a.m.	\$12	51846
12:00 – 2:00 p.m.	\$12	51847



MONSTER MADNESS

Monsters can be silly and friendly! Come and listen to the "Monster Mash" while creating make-believe monsters. We'll talk about our favorite monsters, read a story and have a "monsterous" snack. Instructor, Barb Hiltner.

Maple Grove Community Center Monday, March 16

9:30 – 11:30 a.m. \$12 51850 12:00 – 2:00 p.m. \$12 51851

CREATIVE KIDS ART TO E

Ages 6 - 12

Come and see how creative you can be. With a variety of artistic opportunities available, you may choose some or want to register for the fun every week.

Maple Grove Junior High School, Room A137

3-D SCULPTURES

Using a variety of materials and your creativity, come see what you can create, the choice is yours! Please wear a paint shirt, art can be messy!

Saturday, Jan 17

10:00 – 11:15 a.m. \$10 51786

CREATIVE CLAY

Pinch Pots, animals, Coil pots and more! Please wear a paint shirt, art can be messy!

Saturdays, Jan 24 & 31

10:00 - 11:15 a.m. \$20 51788



BEADED GECKO

Using Pony Beads create your own key chain or hang it on your backpack!

Saturday, Feb 7

10:00 - 11:15 a.m. \$10 51789

ANIMAL ART

Art and Animals what could be more fun! Please wear a paint shirt, art can be messy!

Saturday, Feb 14

10:00 - 11:15 a.m. \$10 51790

GREAT MASTERS OF ART

Create project after the great masters like Van Gogh and Picasso. Please wear a paint shirt, art can be messy!

Saturday, Feb 21

10:00 - 11:15 a.m. \$10 51792





Kids World- Creative Kids

ARTISTIC MOMENTS - PRESCHOOL & E

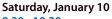
Ages 3 - 5 with a parent

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. Fees include all supplies. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor.

Maple Grove Senior High, Room 277

WINTER WONDERLAND CERAMICS, MOM (OR DAD) & ME

Snowman, Winter Critters, Penguins and more are choices you have in this fun-filled ceramics class. Don't miss the fun! The ceramic (greenware) is fired in a kiln and cleaned prior to the class. Students will be using acrylic paints to complete their project. Then felt will be attached to the bottom to prevent scratching. These sculptures will become a keepsake.



9:30 - 10:30 a.m. \$12.50 51780



VALENTINE'S DAY EDIBLE ART, MOM (OR DAD) & ME

Are you looking for a fun activity to do for Valentine's Day? Would you like to learn how to make a variety of tasty edible works of art? Join us for this awesome class as we venture into the kitchen! You will have an opportunity to work with a variety of foods – snacks for on the run and even some treats for your sweet tooth. You can even share them with someone special on Valentine's Day! Have fun mixing, chopping, slicing, and arranging colorful foods. Be prepared to have a great time and come hungry!

Saturday, February 7

9:30 – 10:30 a.m. \$12.50 51782

GARDEN STONES, MOM (OR DAD) & ME

Have you always wanted to make a special stepping stone for your garden or yard? Learn how to mix and pour cement into the mold, without getting messy. Create a beautiful work of art by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week. Stones can be used indoors or outdoors. An exterior sealer may be applied to both sides of the stone once it has cured. This will help preserve your mosaic for years to come. Stones should be brought indoors prior to the winter cold.

Saturday, March 7

9:30 – 10:30 a.m. \$12.50 51784

ARTISTIC MOMENTS - ELEMENTARY & E

Grades K – 4

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor. Supplies are included; bring a paint shirt.

Maple Grove Senior High, Room 277

WINTER WONDERLAND CERAMICS

Snowman, Winter Critters, Penguins and more are choices you have in this fun-filled ceramics class. Don't miss the fun! The ceramic (greenware) is fired in a kiln and cleaned prior to the class. Students will be using acrylic paints to complete their project. Then felt will be attached to the bottom to prevent scratching. These sculptures will become a keepsake.

Saturday, January 10

10:45 - 11:45 a.m. \$12.50 51781

VALENTINE'S DAY EDIBLE ART

Are you looking for a fun activity to do for Valentine's Day? Would you like to learn how to make a variety of tasty edible works of art? Join us for this awesome class as we venture into the kitchen! You will have an opportunity to work with a variety of foods – snacks for on the run and even some treats for your sweet tooth. You can even share them with someone special on Valentine's Day! Have fun mixing, chopping, slicing, and arranging colorful foods. Be prepared to have a great time and come hungry!

Saturday, February 7

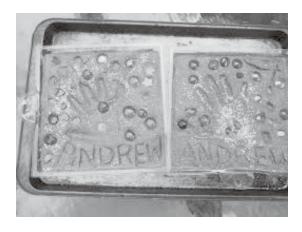
10:45 – 11:45 a.m. \$12.50 51783

GARDEN STONES

Have you always wanted to make a special stepping stone for your garden or yard? Learn how to mix and pour cement into the mold, without getting messy. Create a beautiful work of art by arranging colorful pieces of cut glass, rocks, glass pebbles and/or other embellishments to your stone. Projects can be taken home the same day, but will need to set after class. Cure time is approximately one week. Stones can be used indoors or outdoors. An exterior sealer may be applied to both sides of the stone once it has cured. This will help preserve your mosaic for years to come. Stones should be brought indoors prior to the winter cold.

Saturday, March 7

10:45 – 11:45 a.m. \$12.50 51785





Kids World- Creative Kids

KIDCREATE STUDIO ☎ E

Kidcreate Studio launches children into the incredible world of art. Our energized classes, camps and birthday parties offer an exciting format for art exploration. We focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Our teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the Web site at www.kidcreatestudio.com

Lakeview Knolls Village Hall, 9391 Fernbrook Lane (park building behind Arbor View)

SING ALONG ART

Ages 18 months - 6 years with parent

Come and sing along with us as we create art inspired by your child's favorite songs such as: "I'm a Little Tea Pot," "Itsy Bitsy Spider" and more. We'll use glow-in-the-dark paint to make our little stars twinkle, get those "Wheels on the Bus" rolling with paint, and make bright, sunny art as we sing "You Are My Sunshine." Combine your child's love of art and music in this fun filled class! Come and create right along with your child in these hands on classes! Children must be accompanied by a caregiver.

Thursdays, Jan 8 - 29

9:30 - 10:30 a.m. \$54

KEEP ON MOVING ART

51765

Ages 18 months - 6 years with parent

Shake, step, toss, dip, dance, and doodle. Your child will experience art while moving in all different ways. We'll use a variety of interesting tools and techniques to create art that will really "move" you and your little one! We will be painting with our toes, tying and dyeing, throwing paint covered balls and much more. All while we are moving and grooving to some great kid music. Come and create right along with your child. All children must be accompanied by a caregiver.

Thursdays, Feb 5 – 26

9:30 – 10:30 a.m. \$54 51766



MINI MASTERS ART

Ages 18 months - 6 years with parent

Come make friends with Picasso, Monet, Matisse, Van Gogh and more famous artists. You and your mini-master will enjoy painting, cutting, scribbling and giggling while creating fantastic works of art - all inspired by famous artists. Books and examples of masterpieces will educate and delight your child during this fun filled camp. Come and create right along with your child in these hands on classes! Children must be accompanied by a caregiver.

Thursdays, March 5 - 26

9:30 – 10:30 a.m. \$54 51767

HOW TO TRAIN YOUR DRAGON

Ages 4 - 9

The movie *How to Train Your Dragon 2* inspires the project for this class. Hiccup and all his dragon-training friends would love this! We will learn a new art term and then use Model Magic clay to sculpt our own pet dragon. *Please pack a nut free snack and drink for your child.*

Monday, Jan 19

1:00 – 4:00 p.m. \$30 51768

STAR WARS - R2D2 ART

Ages 4 - 9

Obi Wan Kenobi and Anakin would be proud of the Star War masterpiece your young Jedi will create in this class. The kids will be constructing their own mini R2D2 out of Model Magic clay. Leave the light sabers at home – our creativity will be our weapon of choice. May the force be with you! Please pack a nut free snack and drink for your child.



Monday, Feb 16

1:00 – 4:00 p.m. \$30

51769



ONCE UPON A STAR PARTY & E

CINDERELLA'S DADDY/DAUGHTER PRINCESS BALL Ages 3 - 8 with dad (or parent)

Join Once Upon a Star's Cinderella & Friends, Mulan & Rapunzel (from Tangled) for an enchanting evening with your special adult date! We'll enjoy a craft, snack, dancing and more princess fun. Each princess will receive her own personalized princess tote bag, jewelry craft project and royal gift to take home. All princesses will have a photo taken with their date with next-day proof access. Adults – please bring your camera for memorable photo opportunities ...including a group-princess photo with your daughter!

Maple Grove Community Center

Friday, April 3

6:30 - 8:00 p.m. \$25 (per couple) 51776

Saturday, April 4

10:00-11:30 a.m. \$25 (per couple) 51777



Kids World - Inquisitive Kids



SCIENCE EXPLORERS - ELEMENTARY AGE & E

Grades K - 5

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. All supplies are included with the program fees.

Maple Grove Community Center



The pressure is building and the earth starts to rumble....is it a volcano or an earthquake? Become a Volcanologist as you experiment with different types of volcanic eruptions and make a mini model to take home. Then join your team of Seismologists as you investigate plate tectonics through fault line experiments, explore how seismic waves travel with Slinky's and more. Please join us for this earth shattering class!

Monday, January 19

1:00 - 3:00 p.m. \$19 51732



MYTH BUSTING

Mind-blowing myths or scientific facts? Join Science Explorer as we confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then smash it, crash it, sink it or launch it to determine if the myth is confirmed, plausible or busted.

Monday, Feb 16

9:30 - 11:30 a.m. \$19 51733

SCIENCE EXPLORERS - PRESCHOOL & E

Ages 3½ - 6

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee includes all supplies.

Maple Grove Community Center

AMAZING ME

Without your body you would not be able to run, jump, breath or even think. Join Amazing Me as we use our cranium to learn how the heart is responsible for pumping blood all around our bodies, plus we will investigate what happens to the food we eat and how our lungs are similar to a sponge. All this and more as we discover what really happens beneath our skin.

Tuesdays, Jan 20 - Feb 10

10:00 - 11:30 a.m. \$54 (4 ses) 51729



RAINFOREST JOURNEY

Travel along with Science Explorers as we investigate an environment where it's always warm, the trees are always green, and the animals are very unique. We will first learn about the layers of a rainforest. Then discover the animals that make the rainforest their home from the slow moving sloth to the plate-size tarantula and more. Join us as we explore a tropical rainforest through experiments, games, stories and art project.

Tuesdays, Feb 17 - March 10

10:00 - 11:30 a.m. \$54 (4 ses) 51730

AMAZING ANIMALS AROUND THE WORLD

Join Science Explorers as we travel the world visiting all seven continents, along with a dip into the surrounding oceans, to discover their most amazing and unique animals. Our adventure will have you hopping along, climbing steep cliffs, ducking for cover, and more through stories, games and art projects.

Tuesdays, March 17 – April 14 (ex Mar 31)

10:00 - 11:30 a.m. \$54 (4 ses) 51731



Kids World - Safety Classes



SAFE ON MY OWN TO E

Ages 7 - 10

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

Maple Grove Community Center Saturday, February 21

9:00 - 10:30 a.m. \$16 51855

HOME ALONE - FOR PARENTS & CHILDREN

Youth & Adults

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. Registration may be done in person during Parks & Recreation hours, by fax or by mail. Unfortunately, we are unable to process this registration electronically due to the fee structure. Instructors, Sheryl Nefstead & Maple Grove Police Officer.

Maple Grove Junior High School Wednesday, February 4

6:30 – 8:00 p.m. \$19.00/adult-child pair

\$5.00/additional adult \$5.00/additional child

51838

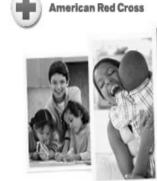
BABYSITTING WORKSHOP TO E

Ages 11 - 15

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteembuilding education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. *Children 10 years of age may take the course, however, they will not receive the certification.

Students should bring a bag lunch. Maple Grove Community Center

Saturday, January 17		
9:00 - 4:30 p.m.	\$79	51852
Saturday, February 14		
9:00 - 4:30 p.m.	\$79	51853
Saturday, March 14		
9:00 - 4:30 p.m.	\$79	51854









Kids World - Active Kids

KARATE FOR CHILDREN & E

Ages 5 – 12

A program structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms may be purchased at the school, but are not required. Loose fitting clothing is acceptable.

Maple Grove World Taekwondo Academy

6493 Sycamore Court, Maple Grove, 763-559-7091

Mondays, Jan 5 – Feb 9

5:30 - 6:15 p.m. \$50 (6 les) 51614

Mondays, Feb 16 - March 23

5:30 - 6:15 p.m. \$50 (6 les) 51615

Osseo/MG World Taekwondo Academy (Next to OJH) 10401 93rd Ave N, Maple Grove, 763-315-4491

Saturdays, Jan 10 - Feb 14

12:00 noon – 12:45 p.m. \$50 (6 les) 51616

Saturdays, Feb 21 - March 28

12:00 noon – 12:45 p.m. \$50 (6 les) 51617



LITTLE DRAGONS & E

Karate for ages 3 & 4

Little Dragons is a program designed for children ages 3 and 4. The classes will cover basic Taekwondo skills, balance, coordination, self control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but may be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts.

Maple Grove World Taekwondo Academy 6493 Sycamore Court, Maple Grove, 763-559-7091

Tuesdays, Jan 6 - Feb 10

10:30 – 11:00 a.m. \$50 (6 les) 51618

Tuesdays, Feb 17 - March 24

10:30 – 11:00 a.m. \$50 (6 les) 51619



TODDLER & ME DANCE CLASS TO E

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. Great intro to dance!

Maple Grove Community Center, Rooms 125 - 127

Mondays, Jan 12 – March 2

9:15 – 10:00 a.m. \$88 (8 ses) 51773

BALLET, TAP & JAZZ COMBO 🕿 E

Ages 2½ - 4

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Tap shoes are required*.

Maple Grove Community Center, Rooms 125 - 127

Mondays, Jan 12 - March 2

10:15 – 11:00 a.m. \$88 (8 ses) 51774

INTRODUCTION TO JAZZ, TAP & BALLET & E

Ages 4 - 8

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. *Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.*

Oak View Elementary School, Cafeteria Tuesdays, Jan 13 – March 3

6:00 - 6:50 p.m. • Ages 4 & 5 \$48 (8 ses) 51840 7:00 - 7:50 p.m. • Ages 6 - 8 \$48 (8 ses) 51841

DANCE FANTASIA TO E

Ages 3 - 5

Little ones get ready to move! This introduction to creative movement and ballet will focus on having fun while learning coordination, ballet positions and a few beginning ballet steps. Join the fun! *Parent viewing is first and last lesson only.*

Weaver Lake Elementary School, Cafeteria

Thursdays, Jan 15 - March 5

6:15 - 7:00 p.m. • *Age 3* \$48 (8 ses) 51842 7:15 -8:00 p.m. • *Ages 4 & 5* \$48 (8 ses) 51843



Kids World - Active Kids

TOTS IN MOTION & E

Ages 21/2 - 4 with a parent

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, Jan 15 - March 5

9:30 - 10:15 a.m \$48 (8 ses) 51762



KIDS IN MOTION & E

Ages 3½ - 6

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. *Child must be 3½ by the time class begins*. Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, Jan 15 - March 5

10:30 - 11:15 a.m. \$48 (8 ses) 51763

TINY TOT GYMNASTICS TO E

Ages 2 & 3 with a parent

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. Students should wear leotards or shorts, please no tights.

Maple Grove Junior High, Auxiliary Gym

Wednesdays, Jan 14 - March 4

5:30 - 6:05 p.m.	\$48 (8 ses)	51808
6:15 – 6:50 p.m.	\$48 (8 ses)	51809
Saturdays, Jan 17 - Marc	h 7	
9:00 - 9:35 a.m.	\$48 (8 ses)	51810
9:45 - 10:20 a.m.	\$48 (8 ses)	51811
10:30 - 11:05 a.m.	\$48 (8 ses)	51812

TINY TOT GYMNASTICS TO E

Ages 3½ - 4

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. *Parent viewing first and last lesson only*. Child must be 3½ years of age by the start of class. *Students should wear leotards or shorts, please no tights*.

Maple Grove Junior High, Auxiliary Gym

Wednesdays, Jan 14 - March 4

7:00 - 7:45 p.m. \$48 (8 ses) 51813

Saturdays, Jan 17 - March 7

11:15 - 12:00 p.m. \$48 (8 ses) 51814

PRE-SCHOOL GYMNASTICS & E

Ages 4½ - Kindergarten

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Maple Grove Junior High, Auxiliary Gym

Tuesdays, Jan 13 - March 3

6:00 – 6:45 p.m. \$48 (8 ses) 51805 7:00 - 7:45 p.m. \$48 (8 ses) 51806

Thursdays, Jan 29 - March 19

6:00 - 6:45 p.m. \$48 (8 ses) 51807



ELEMENTARY GYMNASTICS E

Grades 1 - 6

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. Parent viewing first and last lesson only. Instructor, Jodi Hartwig.

•Beginner 1 - No previous experience or limited instruction.

•Beginner 2 - Completed Beginner 1 or tested to verify ability.

•Intermediate - Completed Beginner 2 or tested to verify ability.

Maple Grove Junior High, Auxiliary Gym

Mondays, Jan 12 - March 9 (ex Feb 16)

6:00 - 7:00 p.m. • *Beg 1* \$52 (8 ses) 51801 7:05 - 8:05 p.m. • *Beg 2/Int* \$52 (8 ses) 51802

Thursdays, Jan 29 - March 19

7:00 - 8:00 p.m. • *Beg 1* \$52 (8 ses) 51803



Kids World - Active Kids

HORSE BACK RIDING LESSONS TO E

Ages 6 - 11

For those of you who want to try riding for the first time and experience the thrill of being astride a beautiful horse, or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena for your comfort. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 p.m. or at specific riding time arranged at Caille Farms. For further information or directions contact Barb at 763-295-5250. Long pants and tennis shoes are required. **Attention Parents: A waiver needs to be signed by a parent prior to lessons.** If you need a copy of the waiver prior to lessons, you can access that at www.caillefarms.com click on camps. Please bring a bag lunch. Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362 9:00 a.m. – 3:00 p.m

Friday, Jan 2	\$70	51466
Monday, Jan 19	\$70	51467
Monday, Feb 16	\$70	51468
Friday, March 6	\$70	51739
Friday, April 3	\$70	51742
Monday, April 13	\$70	51743



FENCING FOR YOUTH & E

Ages 7 – 13

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game, fencing requires a mental attitude of self-discipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the entire family. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

Maple Grove Community Center, Gymnasium

_			
Saturdays	lan 1	0 – Fel	h 14

10:00 – 11:00 a.m. \$72 (6 ses) 51737

Saturdays, Feb 21 - April 4 (ex Mar 21)

10:00 – 11:00 a.m. \$72 (6 ses) 51738

RINK RAT HOCKEY & E

Girls and Boys ages 7-14



Spend the best months of winter playing outdoor hockey. The program is 2 preseason practices and games every Fri evening and late Sun afternoon/early evening. Volunteer coaches instruct/officiate all games. Some games are played in other communities. No goalies. Weather permitting - makeups the week after the program ends. Participants must

supply their own equipment. Registration deadline is December 12. Cities participating are Minnetonka, New Hope, St. Louis Park, Golden Valley, Robbinsdale, Plymouth, Crystal, Maple Grove & Edina. (parents are responsible for transportation to games). Mandatory Equipment: hockey skates, hockey stick, helmet w/mask, mouth guard, shoulder pads, shin pads, breezers, hockey gloves, elbow pads and protective cup (if needed). *Registration taken immediately due to time frame.*

Friday, January 2 - Sunday, February 8

Age 7 - 9	\$40	51770
Age 9 - 12	\$40	51771
Age 13 - 14	\$40	51772

MAPLE GROVE CHEERLEADING CLINIC TO E

Ages 5 - 12

Come experience an exciting cheerleading clinic with the Maple Grove High School Cheerleaders! Your Little Leader will work with the Crimson Cheerleaders and learn a cheer/chant, dance and beginning stunting. The fun doesn't end there! Your Little Leader will be invited to perform during the Crimson Cheer Challenge on Sunday, January 25. Fee includes t-shirt, pompoms, bow, snack and admittance for the Little Leader to the Crimson Cheer Challenge. *Indicate shirt size when registering: Youth Small, Youth Medium, Youth Large or Adult Small.* Come cheer with us!

Maple Grove Senior High, Gym (door D) Sunday, January 18

1:00 - 4:00 p.m. \$40 51581 (check-in time 12:45 p.m.)

OSSEO CHEERLEADING CLINIC TO E

Grades K – 9

Please join us for a fun-filled clinic! This is a great opportunity for the aspiring cheerleader in your family, as well as a great date night opportunity for the parents. Participants will be dropped off at the Osseo High School cafeteria at 4:00 p.m. on Friday, February 6. They will learn chants, cheers, motion techniques, jumps and basic stunts. They will then have a pizza party with the cheerleaders before heading over to the Osseo Senior High gymnasium to perform during halftime of the Boys Varsity Basketball game. Participants will sit with the cheerleaders during the first half of the game and then perform at halftime. Parents should plan to pick their children up after their halftime performance. The Osseo High School Varsity Cheerleaders are excited to share their knowledge. Please have participants dress in black shorts/pants, tennis shoes and have hair pulled up. The fee includes pompoms, manual, pizza party, admission to the basketball game and a t-shirt. Please indicate shirt size when registering.

Osseo Senior High, Cafeteria

Friday, February 6

4:00 – 7:00 p.m. \$30 51793



Kids World - Elementary & Jr High Ski Trips

ELEMENTARY SKI & SNOWBOARD TRIPS

Monday, January 19 (Martin Luther King Day)

Trollhaugen - Dresser, WI

Bus departs the Community Center at 7:45 a.m. with approximate return time at 4:45 p.m. Registration is accepted immediately. Electronic registration is not available. Deadline is Tuesday, January 5 or until spaces fill.

\$48.00 Lift, bus, chaperone - pay at registration \$18.00 Rental - including skis, boots & poles - pay at ski area \$18.00 Rental – including snowboard and boots – pay at ski area Free Lesson

Monday, February 16 (Presidents' Day)

51837

Trollhaugen - Dresser, WI

Bus departs the Community Center at 7:45 a.m. with approximate return time at 4:45 p.m. Registration is accepted immediately. Electronic registration is not available. Deadline is Thursday, February 9 or until spaces fill.

\$48.00 Lift, bus, chaperone - pay at registration \$18.00 Rental - including skis, boots & poles - pay at ski area \$18.00 Rental – including snowboard and boots – pay at ski area **Free Lesson**

- ◆ Trips are for those presently in grades 5 and 6. All children skiing for the first time must take the beginner lesson.
- ◆Volunteer chaperones (mature individuals, post high school age) are needed. All ski fees are paid, lift, rental and lesson. Contact Mark Saari at 763 494-6510 for a volunteer application.
- Children should bring a bag lunch to be eaten at the ski area, or extra money for food.
- Registration accepted immediately. Non-resident fee not applicable.
- No refunds will be issued after the registration deadline. A \$5.00 cancellation fee will be assessed for all cancellations prior to the registration deadline.
- Parents are responsible for picking their children up on time.
- •Trips may be cancelled due to low enrollment or weather conditions. Full refunds are issued in these situations.
- Bus times are subject to change depending on registration.



JUNIOR HIGH SKI & SNOWBOARD TRIPS

Trip #1

Monday, January 19 (Martin Luther King Day)

Spirit Mountain - Duluth, MN

Bus will leave the Maple Grove Community Center at 6:30 a.m. with approximate return time 6:45 p.m.

\$65 - lift, coach bus and chaperone (pay at registration)

\$80 – ski rental, lift coach bus and chaperone (pay at registration)

\$85 – snowboard rental, lift, coach bus and chaperone (pay at registration)

\$12 - lesson (pay at registration)

Registration will be held during all lunch hours at Osseo and Maple Grove Junior High Schools on Wednesday, Thursday & Friday, January 7, 8 & 9

Trip #2

Friday, February 13 (School Release Day)

51800

Wild Mountain, Taylors Falls

Bus will leave the Maple Grove Community Center at 9:00 a.m. with approximate return time 4:30 p.m.

\$50 - lift, bus and chaperone

\$70 - lift, bus, chaperone and ski rental

\$70 - lift, bus, chaperone and snowboard rental

Registration will be held during all lunch hours at Osseo and Maple Grove Jr High Schools on Wednesday, Thursday & Thursday, February 4, 5 & 6.

Trip #3

Monday, February 16 (Presidents Day)

Spirit Mountain - Duluth, MN Bus will leave the Maple Grove

Community Center at 6:30 a.m. with approximate return time 6:45 p.m.

\$65 - lift, coach bus and chaperone (pay at registration)

\$80 - ski rental, lift coach bus and chaperone (pay at registration) \$85 – snowboard rental, lift, coach bus

and chaperone (pay at registration) \$12 - lesson (pay at registration)

Registration will be held during all lunch hours at Osseo and Maple Grove Jr High Schools on Wednesday, Thursday & Friday February 4, 5 & 6.

51799



- No refunds will be issued once the registration has been completed. A \$5.00 cancellation fee is assessed for cancellations requested during the registration process.
- •Full refunds are issued for trips cancelled by the Parks and Recreation Board. Trips may be cancelled due to weather or lack of registration.
- ◆Have correct change when registering. Checks are to be made out to: MAPLE GROVE PARKS AND RECREATION BOARD. Checks made out to the school will not be accepted. Non-resident fee not applicable.
- •Parents are responsible for picking their children up on time.
- •Adult (19 years and older) volunteer chaperones may be needed. All ski fees are paid, lift, rental and lesson. Contact Tanya Hilger, 763-494-6512 for a volunteer application.



Teen Happenings

TEEN CENTER - HOURS OF OPERATION

If you are a teen then this place is for you! We have computers for youth to do homework, play games and access the internet. The center is also a great place to hang out with friends, listen to music and play video games. The teen center has a jukebox, pool tables, video games, a projection screen TV, lounge area, Xbox 360 and more!

The Teen Center is located inside the Community Center so teens have access to the gymnasium, Grove Cove Aquatic Center, ice arena, and concession stand. Student I.D. is recommended when entering Community Center property *.

WHEN ARE WE OPEN?

School days, (non-vacation days)

 Monday – Thursday
 3:00 p.m - 9:00 p.m.

 Friday
 3:00 p.m. - 10:00 p.m.

 Saturday
 10:00 a.m. - 10:00 p.m.

 Sunday
 12:00 p.m. - 6:00 p.m.

Non-school days, (student vacation days)

Monday – Thursday 10:00 a.m. - 9:00 p.m. Friday 10:00 a.m. - 10:00 p.m.

Holidays

Hours will vary, check with Community Center Holiday Hours and Teen Center Posting Board. *Hours of operation may be restricted to certain ages and/or changes due to pool leagues, special events, etc. **Teen Center is not open to teens during regular school hours.

TEEN CENTER BIRTHDAY PARTIES

Grades 7 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool tables, juke box and the Xbox 360. You can watch your favorite movies, listen to your favorite music on our juke box and so much more. All parties come with a free roll of quarters! Your birthday is special, so celebrate it at the Maple Grove Teen Center. Call 763-494-5969 to make your reservation.

\$85.00 *Teen Center will be open to the public \$90.00 *Private Teen Parties are available on Su

*Private Teen Parties are available on Sunday evenings starting at 6:00 p.m. You will have exclusive use of the Teen Center for 2 hours.

TEEN CENTER AND GYM PARTY OPTION

For the active party goers you may want to rent out our gymnasium, play a game of basketball, volleyball or your choice of indoor activity. You will get exclusive use of the Teen Center and the Gymnasium for 2 hours.

\$130.00

*You will have exclusive use of the Teen Center for 2 hours & the gym for 1 hour, for a total of 3 hours.



TEEN CENTER RENTAL INFORMATION

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. For information call the Rental Coordinator, 763-494-5969

TEEN DANCES

Join us this winter for some of the best dances of the year. Maple Grove Parks and Recreation welcomes all students attending Maple Grove Junior High and Osseo Junior High to participate in our teen dances. All other students attending junior high, but not attending Maple Grove or Osseo must be invited by a Maple Grove or Osseo student and purchase a guest pass from the Maple Grove Parks and Recreation office prior to the dance. Guest passes must be purchased before 5:30 p.m. on the Friday of the dance. Guest passes must be purchased by the Osseo or Maple Grove Junior High Student, a school I.D. is required at the time of purchase. Junior High identification will be checked. For more details contact Tanya at 763-494-6512.

December 2014 - Ugly Sweater Dance

Sound, video and light show by Northern Lights

Osseo Junior High School, gymnasium

Friday, December 19

7:00 - 10:00 p.m. \$7 (pay at the door)

March 2015 - St. Patrick's Day Dance

Sound, video and light show by Northern Lights
Maple Grove Junior High, gymnasium

Friday, March 13

7:00 - 10:00 p.m. \$7 (pay at the door)

March 2015 - Club Night

Sound and light show by Northern Lights
Maple Grove Community Center, Teen Center

Friday, March 27

7:00 - 10:00 p.m. Free

TEEN DANCE COMMITTEE

Grades 7 - 9

This all-teen committee will determine the theme for the upcoming dances. Contact Tanya Hilger at 763-494-6512 with questions

No Fee

Osseo Junior High School, Cafeteria

Monday, December 15th for the December dance.

2:40 - 4:15 p.m.

Maple Grove Junior High, Room H149 Monday, March 9th for the March dance.

2:40 - 4:15 p.m. No Fee



NEED A RIDE? CALL MAPLE GROVE DIAL-A-RIDE

Advance reservation van service is available for all residents. This service is offered weekdays, 6:00 a.m. – 6:00 p.m. and Saturdays, 9:00 a.m. – 5:00 p.m. Ride to the Community Center, work or anywhere within the City of Maple Grove. Call 763-493-2200 for reservations.



Teen Happenings

MAPLE GROVE TEEN ADVISORY GROUP MG-TAG

Calling all Maple Grove Teens!



We are looking for dynamic teens who are willing to volunteer a few hours a month serving the community and other teens. You will be asked to help design programs, assist with special events and organize service work in the community. If you are a natural leader, have a creative mind, are hard working and an active individual in grades 6 - 12, please sign up now!

Some of the events we will participate in are Maple Grove Days, Adopta-Park, Parents Night Out, Sleigh Bells & Sparkle Parade and Club Night.

Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:00 p.m. in the Teen Center. .

What are the Membership Requirements?

Youth Grades 6 to 12, able to attend monthly meetings, willing to participate in MG-TAG discussions and projects and willing to respect the involvement, privacy and opinions of others.

HOLIDAY COOKIE BAKE AND TAKE TO E

Ages 11 – 17

Delight your family with homemade treats. Use pre-made dough to make classic favorites such as peanut butter stars and colorful sugar cookies. Also, try out some new recipes and surprise your family. All bakers will take home approximately five dozen treats. Bring two cookie sheets, a dish cloth & towel and containers. Registration is accepted immediately due to time frame.

Osseo Junior High, Room (Food Lab) Saturday, December 20

9:30 a.m. – 12:00 p.m. \$25 51469



MINECRAFTING: BUILDCRAFT & REDSTONE ☎ E

Ages 10 - 16

Minecraft one of the most popular video games in history, offers an amazing world of endless possibilities, limited only by your imagination. This class is for Intermediate and Advanced Minecrafters. Students will learn how to expand their world's abilities using popular game-enhancing mods. Participate in building challenges, using mods like BiblioCraft, BuildCraft, BukkitForge, Ender Storage, Industrial Craft, and Zan's Minimap. Bring your own snacks and lunch or bring money to visit the concession stand at the Community Center. Need a minimum of 8 participants.

Maple Grove Community Center Saturdays, January 10 & 17

9:00 – 12:00 p.m. \$85 51796

PARK DISTRICT TO E

Youth ages 11-17

Learn what equipment is needed to have a successful ice fishing

trip. See types of lures and bait. Class includes ice and cold weather safety and emergency response. After instructions, participants will have a hands-on experience fishing from a freshly cut hole in the ice. All equipment and bait is provided. Dress appropriately to be outside for the afternoon. Meet at the main pavilion at Fish Lake Regional Park.



Free

Fish Lake Regional Park 14900 Bass Lake Rd, Maple Grove MN 55311 Monday, January 19

1:00 – 3:00 p.m. \$15 51795

SUPERBOWL PARTY

Enjoy the game with friends on our 8x8 foot big screen television. Free pop and popcorn; door prizes and trivia games will be played. Must be present to win! Contact Crystal Anderson, 763-494-6522 with any questions.

Maple Grove Teen Center

Sunday, February 1 5:00 p.m.



CREATIVE VALENTINE'S DAY CUPCAKES TO E

Ages 10-17

Are you looking forward to Valentine's Day? Would you like to join friends for this fun and edible Valentine experience? Learn the basic skills of cupcake decorating! Have fun using different metal decorating tips and colorful tubes of icing to create your edible works of art! You will make a variety of festive Valentine's Day cupcakes that you can take home to share with family and friends. Come prepared to have a good time!

Maple Grove Community Center

Friday, February 13

10:00– 12:00 noon \$20 51794



Teen Happenings



MODELING CLASS & E

Ages 10 - 18

The purpose of this session is to instil confidence, poise and posture. This class is to teach you how to be a role-model in life, not just a model on stage or in front of the camera. We start out this high energy class learning how to walk down the runway with confidence and elegance. You will learn how to pose on stage and walk correctly. You can take the tools you learn from runway modelling to everyday life. You'll even get a CD just for you with your pictures. You are guaranteed to fall in love with this fun, high-energy class! The fee includes a photo shoot and CD of the photos. *All registration accepted immediately due to time frame!*

Kharisma Finishing School 4350 Juneau La N, Plymouth, MN 55446

Saturday, December 6

2:00 - 4:00 pm

\$65

51473

MAKEOVER CLASS & E

Ages 10 - 18

You will learn how to compose yourself, what clothing looks best on your body type, choosing the right colors for your skin tone and hair color, accessorizing, skin care, how to properly apply makeup from start to finish, enhance your facial features with makeup techniques, tips for styling every hair type, nail maintenance and tips to overcoming insecurities. You will be able to experience a professional makeover by our instructors. You will walk away from this class with a brand new look and feeling great about yourself! Fee includes professional makeover and supplies for manicures. *All registration accepted immediately due to time frame!*

Kharisma Finishing School 4350 Juneau La N, Plymouth, MN 55446

Saturday, December 6

12:00 - 1:30p pm

\$65

51477

ETIQUETTE CLASS & E

Ages 9 - 18

Our goal in this session is to ensure our students are confident in every social setting. They will learn the guidelines for proper introductions, communication skills, table manners, write thank you cards and some much more. We challenge our students to live life with purpose, passion and respect. Fee includes lemonade and treats provided to implement table manners. *All registration accepted immediately due to time frame!*

Kharisma Finishing School 4350 Juneau La N, Plymouth, MN 55446

Saturday, December 6

10:00 - 11:30 a.m. \$55

51481





POETRY & PIZZA

Ages 12 - 18

Join us in the Teen Center on Friday, January 30 for pizza and a poetry writing workshop. **Michael Lee** is a Norwegian American writer, performer and youth worker. He has received grants from the Minnesota State Arts Board, the Metropolitan Regional Arts Council and Intermedia Arts. He ranked ninth at the 2011 Individual World Poetry Slam and was named the 2011 "Best Individual Poet" of Collegiate Nationals (CUPSI). Michael's work has appeared or is forthcoming in Indiana Review, Phoebe, The Carolina Quarterly, Prime Number and Rattle among other journals. Michael has worked as a dishwasher, a farm hand, a youth counselor, and a traveling performer teaching and performing poetry at colleges and universities around the country. Currently he works as Arts Programming Director for Avenues for Youth, a shelter serving teens experiencing homelessness in Minneapolis. Michael will be joining us to share his own poetry and teach others how to express themselves through poetry.

Maple Grove Teen Center Friday, January 30

6:00 – 7:30 p.m. FREE

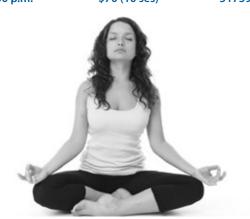


Adult Fitness

T'AI CHI EXERCISE TO E

T'ai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole", it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold T'ai Chi group, Elaine Schrade, head instructor.

Weaver Lake Elementary School, Cafeteria Tuesdays, Jan 6 – March 24 (ex Feb 10 & Mar 10) 7:00 - 8:00 p.m. \$70 (10 ses) 51759



BEGINNING YOGA & E

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. Bring a mat for floor work.

Weaver Lake Elementary School, Cafeteria

Mondays, Jan 5 - March 23 (ex Feb 16 & Mar 16)

6:00 - 7:00 p.m. \$70 (10 ses) 51734

Wednesdays, Jan 7 - March 25

6:00 - 7:00 p.m. \$84 (12 ses) 51735

VINYASA FLOW YOGA & E

Intermediate/Advanced

After a long day, join this relaxing class to reduce stress, and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done yoga before who are active and want a faster paced practice. Instructor, Dee James. Bring a mat for floor work.

Weaver Lake Elementary School, Cafeteria Mondays, Jan 5 – March 23 (ex Feb 16 & Mar 16)

7:10 - 8:10 p.m. \$70 (10 ses) 51736

PRENATAL YOGA & E

Join Blooma certified Prenatal Yoga Instructor Sarah Auna for 75 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome - please bring a yoga mat props, tea and aromatherapy provided. This is a class for women only.

Eagle Lake Community Building, 6259 Eagle Lake Dr Thursdays, Jan 15 - March 26

6:30 - 7:45 p.m. \$77 (11 ses) 51760

YOGILATES & E

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. Bring a mat for floor work. Instructor, Kristie Walker

Oakview Elementary School, Cafeteria Thursdays, Jan 8 - March 19 (ex Feb 12) 6:00 - 7:00 p.m.

\$70 (10 ses) 51745



STRENGTH TRAINING AND TONING TO E

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. Wear comfortable clothing and bring a mat for floor exercises.

Rice Lake Elementary School, Gymnasium

Mondays, Jan 5 - March 23 (ex Feb 16) *Class on March 9 &16 held at Cedar Island Elem

7:30 - 8:20 p.m. \$77 (11 ses) 51754

Wednesdays, Jan 7 - March 25 (ex Mar 11)

6:30 - 7:20 p.m. \$77 (11 ses) 51755



Adult Fitness

CARDIO BOOT CAMP TO E

An interval class that mixes calisthenics, body & free weight exercises with cardio and strength training. If you're more comfortable with athletic movements than dance, this class is for you! Join us for a whole body workout, including boxing-based drills, sports conditioning activities, low impact/high intensity cardiovascular training that aims to improve strength, aerobic fitness, speed, flexibility, coordination and balance. The boot camps are designed in a way to be different all the time. Workout modifications are offered, so it's perfect for any fitness level! Although we may push you like a drill sergeant, our goal is to offer encouragement rather than intimidation. We want you to have tons fun! Wear comfortable clothing and bring a mat for floor exercises. Instructor, Renae Cole.

Rice Lake Elementary, Gymnasium
Mondays, Jan 5 – March 23 (ex Feb 16)
*Class on March 9 & 16 held at Cedar Island Elem
6:30 - 7:20 p.m. \$77 (11 ses) 51753

50/50 COMBO FITNESS ☎ E

Half cardio, half strength, 100% Fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A Great total body workout. *Please wear appropriate workout shoes and clothes. Bring a mat for the cool down segment.* Instructor, Renae Cole.

Rice Lake Elementary, Gymnasium Wednesdays, Jan 7 – March 25 (ex Mar11) 7:30 - 8:20 p.m. \$77 (11 ses)

51756

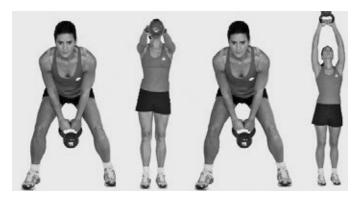


XA BEAT FITNESS & E

XaBeat Fitness is a dance-fitness program that provides high intensity cardio and toning in a party-like atmosphere. The routines are easy and simple to follow allowing participants to concentrate on getting a better workout! Xabeat participants burn calories without realizing they are working out! Top rated, highly energetic American music is used so participants can relate. The music sets the mood and creates an environment that leaves participants wanting more!

Fernbrook Elementary School, Cafeteria Thursdays, Jan 8 – March 19 (ex Feb 5) 7:00 - 8:00 p.m. \$70 (10 ses)

51744



KETTLEBELL FITNESS TO E

The Russian Kettlebell has forever altered the landscape of American fitness, with the breakthrough system for achieving astonishingly rapid yet consistent gains in muscle strength, explosive power, energy and functional performance with a single, simple tool. The kettlebell is now becoming the favored fitness training for busy men, women, elite athletes and those simply wishing to attain their highest possible level of physical excellence. **Certified Kettlebell Instructor Roxanne Altmeyer** RKC & EMT, gives you a perfect mix of follow-along kettlebell workouts to rapidly burn off unwanted pounds! This workout is done is bare feet or flat soled shoes. *Wear loose-fitting clothing, bring water and your own bells if you have them!* If pre-existing health conditions or injuries exist, please check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

Maple Grove Junior High School, Cafeteria

Tuesdays, Jan 6 - March 24

5:45 - 6:45 p.m. \$84 (12 ses) 51757

Saturdays, Jan 17 - March 21

8:30 - 9:30 a.m. \$70 (10 ses) 51758



TABATA FITNESS & E

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells*.

Fernbrook Elementary School, Cafeteria Mondays, Jan 5 – March 23 (ex Feb 9 & 16) 6:00 - 7:00 p.m. \$70 (10 ses)

51751



Adult Fitness & Dance

BARRE NONE & E

Using an assortment of movements set to upbeat music, this class challenges the muscles of the legs, butt and core in a completely new way to tighten and tone. Barre None provides a great lower body workout that enhances flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization while blending elements of Pilates, yoga and ballet to create a fun, yet effective workout experience. This class is designed for healthy individuals with no previous dance experience. *Please bring a mat to class*. Instructor: Kristie Walker

Oak View Elementary School, Cafeteria Thursdays, Jan 8 – March 19 (ex Feb 12)

7:10 – 8:00 p.m. \$70 (10 ses) 51746



ZUMBA FITNESS & E

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No Previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel*.

Basswood Elementary School, Gymnasium

Mondays, Jan 5 – March 23 (ex Feb 16)
*Class on Feb 9th held at Cedar Island Elem

6:30 – 7:30 p.m. \$77 (11 ses) 51747

Wednesdays, Jan 7 - March 25 (ex Mar11)

7:00 – 8:00 p.m. \$77 (11 ses) 51748

Thursdays, Jan 8 - March 26 (ex Feb 5 & Mar 12)

6:30 – 7:30 p.m. \$70 (10 ses) 51749

ZUMBA FITNESS PUNCH CARD TO E

Can't decide what Zumba class to attend. Schedule too busy to commit to a certain night? Why not try a quarterly punch card? Ten punches for \$70.00. You may attend any Fall Zumba class that is listed in the brochure. Specialized classes such as Strength Training & Toning, Cardio Fitness, T'ai Chi, Kettlebell Fitness, Tabata, Barre None, Xa Fitness or Yoga are not included.

- Fee is \$70.00 for 10 punches 51750
- Times not used are not transferable to another quarter.
- Refunds are not issued for punch cards.
- Registration begins on Wednesday, December 10 at 9:00 a.m.
- Punch cards and a calendar will be sent in the mail.
- Questions? Call Michelle DeBace at 763-494-6516.

SWING & SOCIAL BALLROOM DANCE FOR BEGINNERS

Men & Women of all ages

Learn several basic steps in the most popular ballroom dances, including: Waltz, Foxtrot,

Swing, Hustle, Cha Cha, Salsa & Polka! This is the perfect course to get you started and to help gain confidence on the dance floor. Getting ready for a wedding or a party, or just looking for something to do together with your spouse or friend? Classes are fun and easy! You'll be glad you tried them! Instructor offers free repeat and make up classes at other locations.

The Constantine family has been offering quality ballroom instruction in the Twin Cities for over 50 years! Deanna Constantine provides simple instruction intended for the brand new beginning level dancer. Everyone who attends will be successful

learning to dance. To reserve your spot in class, or if

you have questions, please call Deanna @ 612-240-8329 or visit <u>www.</u> <u>ConstantineDance.com</u>. *No advance payment required. Reservations recommended. Payable by cash or check to the instructor!*

Maple Grove Junior High, Cafeteria Sundays, February 8 - March 1 (4 ses)

7:00 - 8:30 p.m. \$55 (payable to instructor)

MODERN AMERICAN SQUARE DANCING TO E

Ages 6- Adult

People of all ages, come join Maple Grove's Square Dance Club for some great exercise and lots of fun! This class is designed for beginners of all ages and will teach calls from the mainstream level of American square dancing. Couples, singles, young or old are welcome and encouraged to come and meet new friends while dancing to lively music in a safe, enjoyable environment. For more information, please call 763-425-1661 or 612-801-6064 or visit us at www.squaredancemaplegrove.com.

Oakview Elementary School, Cafeteria Wednesdays, Jan 7 – March 25 (ex Feb 25 & Mar 18)

7:00 – 9:00 p.m. \$40 (10 ses) 51761

SQUARE DANCES

Ages 6 - Adult

Square dancers of all ages, join the Single Circles Square Dance Club at monthly dances. Callers from around the state will be working the dances. Anyone who has completed Modern Square Dance lessons is invited to join us for a swinging good time. Children must be accompanied by a paying adult.

Oak View Elementary School, Cafeteria Fridays, Jan 16 & March 20

Maple Grove Junior High, Cafeteria

Friday, Feb 20 7:30 - 10:00 p.m.

\$6 per Adult (pay at door) \$3 under 18 (pay at door)



Adult Leagues

ADULT CO-REC VOLLEYBALL LEAGUE & E

Power Volleyball for Adults, Ages 18+

Maple Grove Junior High School, 7000 Hemlock Lane North Wednesday evenings, beginning January 7 Game times of 6:15, 7:15, 8:15 and 9:15 p.m. Start times are subject to change.

Upper Division Class B 51574 Middle Division Class C 51575 Lower Division Class D 51576

\$370.00 per team

Online and in-person registration is accepted immediately. Registration deadline is Friday, December 12. Teams must provide an email address. All correspondence will be by email only Questions may be directed to Katie Lallier at klallier@maplegrovemn.gov or by calling 763-494-6511.

All divisions are classified through the MRPA (Minnesota Recreation and Parks Association). Upper Division teams must be proficient at power volleyball. Teams will register by division. *League Director reserves the right to move teams to other divisions depending on previous year's/season's standings.

<u>Schedules and league information will be sent around January 1.</u>

Cancellation of a team after the registration deadline constitutes forfeiture of the team fee.

Note: This is an adult activity. Child care is not provided!



WOMEN'S UNOFFICIATED VOLLEYBALL TO E

Adult, Ages 18+

All registration accepted immediately. Online registration is available. Questions may be directed to Katie Lallier, <u>klallier@maplegrovemn.gov</u>or by calling 763-494-6511. The registration deadline is Friday, December 12 or until spaces fill.

Oak View Elementary, 6710 E Fish Lake Rd Mondays, beginning January 5 (ex Feb 16) Game times 6:15, 7:20 & 8:25 or 9:30 p.m.

Spiking League \$100 per team 51577 Non-Spiking League \$100 per team 51578

THINK SPRING!

Information for 2015 summer Adult Softball will be available from the Maple Grove Parks and Recreation office beginning in mid January. If your team was registered this past year, information will be automatically emailed to the team manager. If you are new to the program and may be interested in registering a team, call 763-494-6500 to request information. The season begins the last week of April.



3 PERSON BASKETBALL & E

Adults, Ages 18+

This is a half court unofficiated league. All registration accepted immediately. On-line registration is available. The registration deadline is Friday, Dec. 12 or until spaces fill. Late registrations will not be accepted due to tight time frame. Questions may be directed to Katie Lallier, klallier@maplegrovemn.gov or by calling 763-494-6511.

Maple Grove Junior High School, 7000 Hemlock La Tuesdays, January 6 - April 21 Game times of 7:00, 8:00 & 9:00 p.m.

Open Division \$90 per team 51579

Over 30 Division \$90 per team 51580





Adult/Senior Health & Fitness



STRENGTH & BALANCE TRAINING TO E

Age 50 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring weights to class*. Instructor, Cyndy Long.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd

Wednesdays, January 7 - March 25

9:00 – 9:55 a.m. \$48 (12 ses) 51681 10:00 – 10:55 a.m. \$48 (12 ses) 51682

FOUNDATION FITNESS TO E

LifeTime Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Tina Kuharski, Wendy Green & Kathy Bennethum.

Life Time Fitness Center, Aerobics Room

Mondays, January 5 - March 23

10:40 – 11:40 a.m. \$48 (12 ses) 51684

Wednesdays, January 7 - March 25

10:40 – 11:40 a.m. \$48 (12 ses) 51685

Fridays, January 9 – March 27

10:40 – 11:40 a.m. \$48 (12 ses) 51686



SNOWSHOEING & E

Conquer winter and explore the outdoors. Snowshoeing is a recreational activity enjoyed around the world for its accessibility and rustic simplicity. All you need is a pair of snowshoes, (we'll rent them) warm clothes, boots and a sense of adventure. Three Rivers Park District will give us some basic instructions and lead us on a hike through the trails of Elm Creek Nature Center. The park offers trails of varying difficulty for snowshoers of all skill levels. *The fee includes rentals and instruction*. It's a great way to take in the scenes of Minnesota in winter!

Meet at Elm Creek Nature Center, 13351 Elm Creek Rd Wednesday, February 18

1:00 – 3:00 p.m. \$10 51711

SWIM FITNESS: MORNINGS & E

Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. A great form of exercise for people with arthritis or water lovers. Instructor, Jean Holub

Maple Grove Community Center Pool

Tuesdays, January 6 - March 24 - Aerobics

8:00 - 9:00 a.m. \$48 (12 ses) 51687

Wednesdays, January 7 - March 25 - Strengthening

8:00 - 9:00 a.m. \$48 (12 ses) 51688

Thursdays, January 8 - March 26 - Aerobics

8:00 - 9:00 a.m. \$48 (12 ses) 51689

SWIM FITNESS: AFTERNOON & E

The same great class as the morning, just later in the day! Using the warm water of the leisure pool you will tone your muscles, improve your cardiovascular system, have fun, and stay fit.

Maple Grove Community Center Pool

Mondays, January 5 – March 23 (ex Jan 19 & Feb 16)

Aerobics/Strengthening

1:00 – 2:00 p.m. \$40 (10 ses) 51690

Wednesdays, January 7 – March 25

Aerobics/Strengthening

1:00 – 2:00 p.m. \$48 (12 ses) 51691



ARTHRITIS FOUNDATION AQUATIC EXERCISE PROGRAM & E

The Arthritis Foundation's Aquatic Program is a water exercise program designed for people with arthritis. This class is taught by volunteers trained through the Arthritis Foundation, and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. The program is a recreational program that does not replace a prescribed regimen of therapeutic exercises. Instructor, Carol Zemke

Maple Grove Community Center Leisure Pool

Mondays/Fridays, January 5 – March 27

8:00 – 9:00 a.m. \$90 (24 ses) 51692

Tuesdays/Thursdays, January 6 - March 26

9:00 – 10:00 a.m. \$90 (24 ses) 51693



Adult/Senior Health & Fitness



EASY, BEGINNING YOGA & E

Join this class to reduce stress, increase flexibility and strength and restore a healthy balance to your body. This class is recommended for those interested in a slower paced class. Come, give Yoga a try and see the benefits of this form of exercise! NOTE: Must be able to get up and down from the floor. Instructor, Dee James

K Hovnanian's Four Seasons at Rush Creek, Community Clubhouse Ballroom 7550 Ranier La N, Maple Grove MN 55311

Tuesdays, January 6 – F	ebruary 24	
9:00 – 10:00 a.m.	\$32 (8 ses)	51694
10:15 – 11:15 a.m.	\$32 (8 ses)	51695
Thursdays, January 8 -	February 26	
9:00 – 10:00 a.m.	\$32 (8 ses)	51696
10:15 – 11:15 a.m.	\$32 (8 ses)	51697
Tuesdays, March 3 – Ap	oril 28 (ex Mar 31)	
9:00 – 10:00 a.m.	\$32 (8 ses)	51698
10:15 – 11:15 a.m.	\$32 (8 ses)	51699
Thursdays, March 5 – A	pril 30 (ex April 2)	
9:00 – 10:00 a.m.	\$32 (8 ses)	51700
10·15 = 11·15 a m	\$32 (8 ses)	51701



CHAIR YOGA 🕿 E

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Cyndy Long.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd Wednesdays, January 7 – March 25

11:00 – Noon \$48 (12 ses) 51683

TAI CHI TO E

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well-being, increased flexibility and muscle strength; it can improve balance, increase relaxation, reduce stress, and help manage health concerns such as high blood pressure, diabetes and arthritis. Instructor, Karine Platt

Lakeview Knolls Village Hall, 9391 Fernbrook Lane (behind Arbor View)

BEGINNING TAI CHI FOR HEALTH

A beginner's class, designed by Dr. Paul Lam and a team of medical experts, that teaches movements combined from the Sun and Yang Style Tai Chi forms.

Tuesdays, January 6 – N	/larch 3 (ex Feb 17)	
11:00 a.m Noon	\$48 (8 ses)	51703
Tuesdays, March 10 – N	1ay 5 (ex Mar 10)	
11:00 a.m Noon	\$48 (8 ses)	51704

TAI CHI II

An advanced beginner's class, continuing on the moves and lessons taught in the beginning class.

Tuesdays, January 6 –	March 3 (ex Feb 17)	
8:30 – 9:30 a.m.	\$48 (8 ses)	51705
Tuesdays, March 10 – I	May 5 (ex Mar 10)	
8:30 – 9:30 a.m.	\$48 (8 ses)	51706

ONGOING TAI CHI FOR HEALTH

For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, January 6 –	March 3 (ex Feb 17)	
9:45 – 10:45 a.m.	\$48 (8 ses)	51707
Tuesdays, March 10 – N	May 5 (ex Mar 10)	
9:45 – 10:45 a.m.	\$48 (8 ses)	51708

SHIBASHI TAI CHI TO E

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Instructor, Karine Platt

Town Green Meeting Room, 7991 Main St

Thursdays, January 8 –	February 12	
4:00 – 5:00 p.m.	\$36 (6 ses)	51709
Thursdays, February 19	9 – March 26	
4:00 – 5:00 p.m.	\$36 (6 ses)	51710



Adult/Senior Health & Fitness

HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, a service of Happy Helpers, Inc., provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed. Call 763-560-5136, Happy Helpers Inc. to schedule an appointment.

Maple Grove Community Center

2nd Thursday and 4th Monday monthly 9:00 - 12:00 noon, appointments required \$34.00 • per visit



FITNESS WALKING

Maple Grove Residents, 62+

Don't let the snow and cold of the season stop your walking program. LifeTime Fitness and Maple Grove Parks and Recreation invite you to join a walking club. Using the Athletic Club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. All registrations will be handled at LifeTime Fitness, Membership Services. For additional information, call Kris at 763-494-6514.

LifeTime Fitness walking track Monday - Friday, ongoing 9:00 - 11:00 a.m. & 1:00 - 3:00 p.m. \$10 monthly

INTRO LESSON PICKLEBALL TO E

This exciting game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball. Previous experience is not needed; we'll teach you the basics of the game, and you'll be hooked! Introduction to the game in a two session class. All equipment provided.

Maple Grove Community Center Gym Mondays, January 5 & 12 1:00 - 3:30 p.m. \$10 (2 ses)

51702

OPEN GYM PICKLEBALL COMMUNITY CENTER

Until the new gyms open, we'll continue with our gym schedule at the Community Center. Ongoing open games. Join the fun!! Open gym fees apply. See page for details. Watch the gym schedule on line at http://www.maplegrovemn.gov/community-center/gymnasium To get information on the Maple Grove Jr High gym schedule, please e-mail Kris at korluck@maplegrovemn.gov.

Starting week of January 5 Monday, Tuesday, Thursday, Friday 6:00 - 9:00 a.m. Mondays, 1:00 - 3:30 (lessons on one court Jan 5 & 12) Wednesday, 1:00 - 3:30 p.m. Wednesday 7:30 - 10:00 p.m. Thursday 2:00 - 4:00 p.m. Saturday 7:00 - 9:00 a.m. Sunday, 6:00 – 8:00 p.m.

HEALTH INSURANCE HELP

Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one-onone information session. No fee, appointment required by calling Kris at 763-494-6514 at least one week in advance.

Maple Grove Community Center

2nd Thursday monthly, By appointment, starting at 12:30 p.m.

NAVIGATING MEDICARE TO E

Thinking or getting ready to retire? Family member or a caregiver to someone that has Medicare coverage? Already have Medicare and just want to know what is going on with Medicare? This class is a chance for anyone to learn about Medicare. Spend the evening learning about the Medicare Adventure. We will discuss Medicare Parts A, B, C and D coverages, supplement types and Part D plans. The class is an educational opportunity and not a sales pitch; it is offered in cooperation with SCS (Senior Community Services), a non-profit agency. A nominal \$10 dollar fee is collected for materials.

Maple Grove Community Center Tuesday, March 24

6:30 - 8:30 p.m. 51597

SOCIAL SECURITY PLANNING: A DISCUSSION

Please join Thrivent Financial Representatives, Michael Coughlin and Michelle Nisbet for a discussion on how to be savvy with your social security. This educational session covers the basics of Social Security and reveals strategies for maximizing your benefits, including: the five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, how to coordinate Social Security with your other sources of retirement income. Classes are free, but you must RSVP to Kris at 763-494-6514.

Maple Grove Community Center Thursday, January 8 OR Tuesday, February 10 6:30 - 8:00 p.m.

SAVVY SOCIAL SECURITY PLANNING TO E

Presented By Mike Miller, of Integrashield Financial Group

Find out what you need to know to make the most of your retirement benefits. Baby Boomers are realizing that it will soon be their turn to collect social security. But the decisions they make now can have a tremendous impact on the total amount of benefits they stand to receive over their lifetime. Baby Boomers are asking: Will social security be there for me? How much can I expect to receive? When should I apply for Social Security? How Can I maximize my benefits? Will social security be enough to live on in retirement? To help you better understand the social security system, this course will cover: 1) five factors to consider when deciding when to apply for benefits. 2) When it makes sense to delay benefits – and when it does not. 3) Why you should always check your earnings record for accuracy. 4) How to estimate your benefits. 5) How to coordinate benefits with your spouse. 6) How to minimize taxes on social security benefits. 7) How to coordinate social security with your other sources of income.

Maple Grove Community Center Tuesday, March 10

6:30 - 8:00 p.m. \$15 individual or couple 51596



Classes, Conversations and More...

RETIREMENT MY WAY & E

Finding my personal and financial sweet spot

Donna Bennett, Psychologist & Career Transition coach and Mike Miller, Certified Financial Planner profession, offer an interactive two session workshop to help you make the most of your time, talent, and money as you transition to your retirement years. You will learn how to identify and maximize your options for a life that is unique to you and your resources. Whether you decide to keep working, working part-time, or a combination of many things, Donna and Mike will help you set goals and align strategies all designed to help you get the best possible return on life. Join this interesting and unique workshop to learn more!

Maple Grove Community Center Tuesdays, March 24 & 31

6:30 – 8:30 p.m.

\$30 (2 ses)

51609

PROTECTING YOUR LEGACY

Have you ever wondered, "What kind of legacy will I leave for my family?" Attorney Roy B. Henline, a frequent speaker for many legal and community groups, will help you to answer this question in an easy to understand presentation that will also address other important issues including:Do I really need a will or a trust? What is the best way to leave money to my beneficiaries? How can I leave money to minors (grandchildren)? Will probate affect me? How do the new tax laws affect me? Can the government take my assets?

This interesting presentation will provide information and resources for you to make many of the important decisions about the legacy you will leave for your family. This important information is free, but you must call now to reserve your place. *Please RSVP to Kris at 763-494-6514 and take the first step to protect your legacy.*

Maple Grove Community Center Tuesday February 17 6:30- 8:00 p.m.



LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbojumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy, and still have plenty of time for individual questions and answers. There is no fee, but preregistration is required by calling Kris at 763-494-6514.

Maple Grove Community Center Thursday, March 26 10:00 – 11:00 a.m.

SHOULD I STAY OR SHOULD I GO?

You know it is time to make some kind of change with your housing situation. But what should it be? Should you stay in your home and make some changes to make it safer and more convenient to be in, maybe add some services to help around the house? Or should you move to another home? There are so many options to choose from. Over 1200 companies in the Twin Cities work exclusively with seniors and many more that can provide services to help you stay in your home. There are nine types of senior living communities offered by more than 800 properties and organizations to choose from. This workshop will cover the kinds of changes you can make to your home and identify the hundreds of companies that can help. Then the nine different types of senior living communities will be explained and provide you the options to explore. *To reserve seating, contact Kris at 763-494-6514.*

Maple Grove Community Center Tuesday, February 24 1:30 - 3:00 p.m. OR Thursday, February 26 6:30 - 8:00 p.m.

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Seniors, are you looking for some assistance with your household chores? H.O.M.E. is now providing services to the residents of Maple Grove. H.O.M.E. is a program that helps older adults (age 60 plus) remain independent by providing services they are unable to do for themselves. Service costs are based on a sliding contribution scale. Our core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. **CALL: 952-746-4046**



CUPCAKE CONVERSATIONS E

'Ox Cart Angel'

Joel Arnold will discuss the fascinating history of the Red River trails, ox carts and the Métis people, as well as read from his award-winning young adult novel, Ox Cart Angel. Copies of the book will be available for purchase at the event. Claire Dumont and her father set out on a journey from the Dakota Territory hoping to catch up to the large caravan of Métis fur traders that left the day before. Their destination? The bustling City of St. Paul where Papa wishes to open a photography studio. But with only Bone Bag, their one-horned ox to pull their squeaky cart, they soon realize they just might have to make their treacherous journey alone. Braving bad weather, packs of wolves, dangerous river crossings, starvation and exhaustion, Claire and her father try their best to survive the deeply rutted ox cart trails.

Maple Grove Community Center Wednesday, January 7

10:00 a.m.

\$3

51820



Classes, Conversations and More...



CELL PHONE 101 TO E

For those users who don't own or want to own a "smart phone". Do you just use your telephone to make and answer calls and need to understand plans, voicemail, and the general workings of your phone? This class is for you!

Maple Grove Community Center Wednesdays, January 14 - 28 (3 ses) 3:00 - 4:30 p.m. \$25

IPAD & IPHONES TO E

51624

51626

Bring your devices and learn about IOS8 and how to make your device do what you want. Learn about settings, apps, and of course the opportunity to ask lots of questions.

Maple Grove Community Center Wednesdays, January 14 - 28 (3 ses) 6:30 - 8:00 p.m.

51625

SMARTPHONES & TABLETS T E

Using an Android System tablet or smart phone? There are so many tricks and things you can do to make your system "work for you". Come learn about settings, Aps, and all the tools needed to get the most from your device... and of course the opportunity to ask lots of questions!

Maple Grove Community Center Wednesdays, February 4 - 18 (3 ses) 6:30 - 8:00 p.m. \$25

FREE TAX PREPARATION AND E-FILING

AARP Foundation Tax-Aide

For taxpayers with low- and middle-income, with special attention to those age 60 and older. Items to bring when you have your taxes done: last year's tax returns, Social Security cards or comparable documentation for all taxpayers and dependents, photo ID, all income statements (including: W-2's, 1099's (Pension and Distributions from IRA's), SSA-1099 (Social Security received in 2014), 1099-INT (Interest received in 2014), 1099-DIV (Dividends received in 2014), Statement of Unemployment compensation received, Any other INCOME information), Mortgage interest paid in 2014, Real Estate taxes paid in 2014 or Hennepin County 2014 Property Tax Statement, Certificate of Rent Paid in 2014, Hennepin County 2014 Property Tax Statement (not available until March 2014), A check with your name printed on it for direct deposit/debit of any refund/ balance due. Used only to verify routing and account information.

Wednesdays, February 4 - April 15 10:00 a.m. - 2:00 p.m.

BOOKS, BOOKS, BOOKS! 🕿 E

Energize your reading, with new and different book selections followed by stimulating discussions! Join in this ongoing book club. It is a continuous program (meeting monthly), reading and discussing a variety of books. This is a great opportunity for all of you avid readers to share your enthusiasm for books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books in the kit and questions for discussion. Please join us to learn more about the books and discussion, or call Kris for the reading list.

Maple Grove Community Center, Senior Center The first Wednesday of every month

9:30 - 11:30 a.m. \$10 (yearly)



51587

U.S. HISTORY HIGHLIGHTS TO E

Join with David E. Jones of DJ Historical Presentations for a presentation and conversation about some of the hottest topics in history. David is a resident of Minneapolis and a native of St. Peter, MN. He graduated from Gustavus Adolphus College and spent 24 years in the financial services industry and three years in the nonprofit sector. He has spoken in senior communities, schools and churches, as well as to veterans and civic groups and community education programs. He has been making presentations since 1996 and has spoken more than 400 times to a total of more than 11,000 people! Sign up for one, or all 5! The topics for this winter session include:

Maple Grove Community Center

PROHIBITION - A GRAND MISADVENTURE

Thursday, January 15

9:30 - 11:00 a.m. \$10 51591

JFK ASSASSINATION - THE MYSTERY & THE LEGEND

Thursday, January 29

9:30 - 11:00 a.m. \$10 51594

THE LINCOLN ASSASSINATION: A FRAGILE TIME

Thursday, February 12

9:30 - 11:00 a.m. \$10 51590

APOLLO: WHY WE WENT TO THE MOON

Thursday, March 5

9:30 - 11:00 a.m. \$10 51593

MOUNT RUSHMORE: CARVING OF AN ICON

Thursday, March 12

9:30 - 11:00 a.m. \$10 51592 All 5 sessions \$40 51595



Classes, Conversations and More...



GREAT DECISIONS T E

Explore great topics, delve into great discussions, experience great decisions in this program, co-sponsored by the Minnesota International Center. Examine the 'hot' topics of the time, from local events to world dilemmas; there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to increase our knowledge of the topic and then allow time to maximize our learning through discussion. Each topic will be covered in a single lesson. Register for any that interest you. Topic books are available for purchase, if desired (\$15.00 for yearly topics), for an additional fee. For book purchase, see Kris Orluck.

Maple Grove Community Center

RUSSIA AND THE NEAR ABROAD

As calls for closer ties with the EU failed to be met, Ukrainians took to the streets in November 2013. As the movement later known as the Euromaidan, or "Euro Square," pulled western Ukraine closer to its European neighbors, another powerful force threatened to tear away the country's eastern half: Russia. Putin's pushback against European expansionism has the West wondering: If Putin's Russia isn't afraid to take an aggressive stance against Europeanization in Ukraine, what does that mean for the rest of Russia's neighbors?

Wednesday, February 18

9:30 – 11:30 a.m. \$8 51588

PRIVACY IN THE DIGITAL AGE

The idea of "privacy" has undergone significant changes in the digital age, as has the idea of privacy "harm." Fearful of British spying, influence and intervention, the founding fathers granted citizens significant protections in the Constitution. Now, the tables have turned: Concerns about what some see as a U.S. "dragnet" and unwarranted privacy intrusions have compelled other countries to revamp their own privacy protections. Legislation, both at home and abroad, hasn't kept pace with technological developments, leaving some wondering if privacy as we know it is long dead.

Wednesday, March 18

9:30 – 11:30 a.m. \$8 51589

AARP SMART DRIVER COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. The course fee is \$17 for AARP members and \$22 for non-members. Included in this cost are the AARP materials and a \$2 facility fee. – Must present your membership card at registration for the discount! Electronic registration is not available for this program. Checks, cash or credit card accepted at the time of registration. Checks should be written to MGPR.

Maple Grove Community Center

<u>8 Hour Driver Safety Course:</u> This 2 session class is for those who have never taken a course.

Saturday, January 24

9:00 a.m. – 5:00 p.m. \$17/\$22 51582 Tuesday & Thursday, March 3 & 5 5:30 – 9:30 p.m. \$17/\$22 51583

4 Hour Refresher Course: This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Wednesday, January 14

1:00 – 5:00 p.m.	\$17/\$22	51584
Thursday, February 19		
9:00 – 1:00 p.m.	\$17/\$22	51585
Wednesday, March 21		
5:30 - 9:30 p.m.	\$17/\$22	51586

MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. The 8 hour class fee is \$24, the 4 hour class fee is \$20. A \$2 discount for AAA members is available; show your card at class.

Maple Grove Community Center

<u>8-Hour Full Course:</u> This class is required if you have not taken a full class previously.

Mon/Tues, March 16 & 17 5:30 - 9:30 p.m.

<u>4-Hour Refresher Course:</u> This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Thursday, Jan 15	12:30 - 4:30 p.m.
Tuesday, Jan 20	5:30 – 9:30 p.m.
Wednesday, Jan 28	8:30 – 12:30 p.m.
Thursday, Feb 12	8:30 - 12:30 p.m.
Monday, Feb 16	5:30 - 9:30 p.m.
Tuesday, Feb 24	12:30 – 4:30 p.m
Monday, March 2	12:30 - 4:30 p.m.
Wednesday, March 18	8:30 - 12:30 p.m.



Computer Education

COMPUTER EDUCATION

Would you like to learn new computer skills? The Maple Grove Computer learning Center offers courses to adults who want to use computers for fun and profit. The computer lab, which is located in the Senior Center, can accommodate six learners. Our volunteer instructors and coaches pace classroom and individualized instruction to learners' needs. Our computers are state of the art. Learning Center volunteers provide additional support and time to practice new skills during open lab every Wednesday from 11:30 to 2:00. We use Microsoft Windows 8, Office 365, Adobe Family Tree Maker, and Photoshop Elements software. Class fees include instruction materials and a "flash drive" with your work and files for home use. Call Kris 763-494-6514 with questions. The Classes offered are:



This course is intended for beginner level users, or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight $2\frac{1}{2}$ hour weekly lessons using Microsoft Office. Proficiency with the mouse is necessary for this class.

Maple Grove Community Center, Senior Center Tuesdays, January 20 – March 10 9:00 – 11:30 a.m. \$60 (8 ses)

WORD PROCESSING, MICROSOFT WORD

51598

Word Processing is the most commonly used software on your computer. We use it to type a memo, send an e-mail, save a recipe, or write a book. Whatever your use of the computer is, you are surely going to benefit by understanding more about word processing! This course provides an introduction to Microsoft Word's Word Processing for Windows. Learn how to write letters, format a newsletter, type minutes for your meetings, or send a letter to your whole holiday list, whatever needs writing! Cut, paste, insert, text box, graphics, labels and more are planned for this 8-week class. Prerequisite: Introduction to Computers, or equivalent experience.

Maple Grove Community Center, Senior Center Thursdays, January 22 – March 12

1:00 – 3:30 p.m. \$60 (8 ses) 51599



GENEALOGY & FAMILY TREE MAKER TO E

Come learn the program Family Tree Maker, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. If you have always wanted to get started with the search on your family or are currently involved in a search and would like a great format to put it in, here is the class for you! **Prerequisite:** Introduction to Computers

Maple Grove Community Center, Senior Center Wednesdays, January 21 – March 11

9:00 – 11:30 a.m. \$60 (8 ses)

51600

WINDOWS 8 OPERATING SYSTEM & FILE MANAGEMENT TO E

Have you ventured into Windows 8? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand aps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement. Learn to use Windows Explorer to find, save, move, copy and delete files and folders. Also, learn to rename files, back-up files, use system restore and do basic preventative maintenance on the computer.

Maple Grove Community Center, Senior Center Fridays, January 23 – March 13

9:00 - 11:00 a.m. \$60 (8 ses) 51601

THE INTERNET, EMAIL & ONLINE PROGRAMS 🏗 📙

Skype, Facebook, Etc

This course will teach the students how to find information using various search engines, switch between websites using web browsing, create, delete favorites and organize into folders, navigate using the history button, save and download files, print selected information from the internet and learn about security and privacy issues by doing comparison shopping. Stay connected with friends and family by learning and using Facebook and Skype. Share your pictures, "friend" your kids and grandkids, video call your friends in another country or across the state, all with the free tools of the Web. Buy, sell or give away with Craigslist, EBay or Freecycle. We will also spend some time on e-mail, and learn to read, reply and compose email, create and use an Address Book, organize email into folders, forward email, attach and download files and locate pictures on the internet to send as attachments. **Prerequisite:** Intro to Computers or experience with windows, using a mouse and keyboard.

Maple Grove Community Center, Senior Center Thursdays, January 22 – March 12

9:00 – 11:30 a.m. \$60 (8 ses) 51602



Computer Education

PHOTOSHOP ELEMENTS TO E

Our step-by-step demonstrations will help you develop your basic knowledge of Adobe's Elements software (Version 11). In this course you will transfer photos to your classroom computer from your own digital camera or a flash drive. You will then tag, move, organize, find and improve selected images. You will learn how to straighten and crop images, repair damaged and faded photos, move an object from one photo to another, and modify pixel resolution to obtain a quality print. On-screen demos, clear instructions, and knowledgeable coaches provide support for building your hands-on skills. This course is challenging. Allow time to practice at home. Prerequisite: The Fun with Graphics course or photo-editing experience. **Prerequisite**: The Fun with Graphics course or comparable experience.

Maple Grove Community Center, Computer Lab Tuesdays, January 20 – March 10

1:00 – 4:00 p.m. \$60 (8 se

\$60 (8 ses) 51603

Thursdays, January 22 – March 12

6:30 – 9:00 p.m. \$60 (8ses) 51712



FUN WITH GRAPHICS TO E

Create personalized greeting cards, unique signs, and attractive photo album pages. Learn to use the many capabilities of the surprisingly powerful Print Artist software. You will observe on-screen demonstrations of graphics techniques, have a classroom computer to practice new skills, and a volunteer coach at your elbow. You will also have step-by-step instructions for learning on your home computer. Have fun creating calendars, business cards, bookmarks, and single labels or whole sheets of labels. Prerequisite: The Introduction to Using Your Computer course, knowledge of file management, and accuracy in using a mouse.

Maple Grove Community Center, Computer Lab Mondays, January 19 – March 9

9:00 – 11:30 a.m. \$60 (8 ses) 51604

EXCEL SPREADSHEETS, MICROSOFT OFFICE 2013 T

Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. This class will help you understand formulas, creating sequences and worksheets, format cells, design a spreadsheet, and more! **Prerequisite:** Introduction to Computers, or equivalent experience.

Maple Grove Community Center, Computer Lab Mondays, January 19 – March 9

1:00 – 3:30 p.m. \$60 (8 ses) 51605

OPEN LAB ON COMPUTERS

Maple Grove Community Center, Senior Center Wednesdays 11:30 – 2:00 p.m.

There is no fee for current students, but pre-registration is required by calling Kris at 763-494-6514.

Food & Fellowship

FOOD AND FELLOWSHIP TO E

A time to gather at the Senior Center for a monthly meal. Luncheons will be served on the 3rd Thursday monthly. Come for a meal and stay for the company and entertainment. You are always welcome to stay after the entertainment/presentation for card games. The cost of the meal is determined by the menu and entertainment costs.

Maple Grove Community Center, Banquet Room Gather 11:30, Lunch 12:00, Entertainment follows

Thursday, Jan 15 – 'Rockin' Woody the Musical Magician'

Come in from the cold to enjoy some 'good old' comfort food. The Lookout will be serving a choice of chicken wild rice soup or vegetable beef soup with a crisp garden salad and hot apple crisp with whipped cream to complete the meal. Then, Tom Strohmyer, playing professionally for the last 20 years by the name 'Woody' with his solo act, promises to fascinate. 'Woody' will display his multi-instrumental abilities by playing piano, guitar, trumpet, sax and harmonica, while throwing in some juggling and a magic moment or two! There is never a dull moment. It's not your standard musical entertainment, so today you'll enjoy an ultimate experience!

\$10 51815

Thursday, February 19 – 'Coda Is Back'

Join us for a luncheon of delicious meatloaf and mashed potatoes, topped off by German chocolate cake. After this masterpiece of a lunch from the Lookout, we will have time to welcome back the sweet sounds of Coda! This duo will truly entertain you with their smooth sounds of their keyboard and saxophone. Enjoying Coda's art isn't just about hearing music. A Coda performance is a warm, heartfelt, thoughtful invitation that allows you to visit a place within yourself where the everyday cares of the world melt away.

\$10 51816

Thursday, March 19 - 'Plymouth Rockers'

It's time for the wearing of the green! Let's celebrate this day with a traditional Irish meal of corn beef with boiled potatoes, carrots and cabbage provided by the Lookout. If you don't have a taste for Irish fare, you may request a seasoned chicken breast when making your reservation. Let's rock on the afternoon with the fabulous sounds of the *Plymouth Rockers Senior Chorus of Plymouth*. They originated in 1991 by a group of eight people who loved to sing. Today, it boasts more than 65 men and women, all 55+ years old. They are officially known as Plymouth's *'Singing Ambassadors'* with their signature bright red jackets!

\$10 51817

Thursday, April 16 - 'Porch Pickers'

Let's welcome spring with a satisfying lunch of BBQ ribs and fresh grilled potatoes from the Lookout. Then sit back and enjoy the bluegrass music of The Porch Pickers. Their music is sweetly simple, yet purely sincere bluegrass, country, gospel and old-time music much as the original artists did, but with both traditional and not so traditional instruments which give out a unique sound. The band has been seen many times on the cable TV show 'Country Music Jubilee'. Today is the day to have a little change in the air with bluegrass tunes and a whole lot of string music from the Porch Pickers.







Artistic Opportunities

OIL PAINTING TO E

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. **No prior experience is necessary**. You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. The paintings may be viewed at the Maple Grove Community Center. Supply list on request, or purchase all supplies to complete the picture from the instructor for \$15.00. Instructor, Dianne Swanson.

Maple Grove Community Center

HIBISCUS

Thursda	ys, January	8 – 29
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1:00 – 3:30 p.m.	\$40 (4 ses)	51713
6:00 – 8:30 p.m.	\$40 (4 ses)	51714

BASKET OF COSMOS

Thursdays, February 5 - 26

1:00 – 3:30 p.m.	\$40 (4 ses)	51715
6:00 – 8:30 p.m.	\$40 (4 ses)	51716

WIND IN THE PALMS

Thursdays, March 5 - 26

1:00 – 3:30 p.m.	\$40 (4 ses)	51717
6:00 – 8:30 p.m	\$40 (4 ses)	51718

BEGINNING WATERCOLOR & E

See peace and tranquility through this medium. Watercolor is both delicate and dynamic. Explore the basics of this painting technique that can travel anywhere you go. Complete one or more paintings each week. Learn to paint trees, water, clouds, and rocks. Purchase supply kit from the instructor for \$50.00. Instructor, Dianne Swanson.

Maple Grove Community Center Mondays, January 12 – February 9

1:00 – 3:30 p.m.	\$50 (5 ses)	51719
6:00 - 8:30 p.m.	\$50 (5 ses)	51720

WATERCOLOR II TO E

Make Your Own greeting cards



You know the joy and delight of painting, and want to learn new techniques and skills. This advanced course will give you the opportunity to fine-tune your painting skills. We will work on new designs each week. Surprise your friends with a very special card: valentines, birthday - you

name it! Come and be surprised. Prerequisite is Beginning Water-color. Instructor, Dianne Swanson.

Maple Grove Community Center Mondays, February 16 – March 9

1:00 – 3:30 p.m.	\$40 (4 ses)	51/21
6:00 – 8:30 p.m.	\$40 (4 ses)	51722

STUDIO ARTS & E

'Need Help With Your Painting, Drawing or other Medium?'

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, "do you own thing", but have help when needed. The instructor will help you on perfecting technique, composition. problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away!

Maple Grove Community Center Tuesdays, January 6 – February 3

9:30 – 12:00 p.m. \$45 (5 ses) 51723 Tuesdays, February 10 – March 10 9:30 – 12:00 p.m. \$45 (5 ses) 51724

Tuesdays, March 17 - April 14

9:30 – 12:00 p.m. \$45 (5 ses) 51725

TIME TO QUILT TOGETHER & E

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1st and 3rd Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

Maple Grove Community Center, Senior Center The first & third Wednesday of each month

9:30 – 4:00 p.m. \$10 (yearly fee) 51726

WOODCARVING TO E

Come to a mutual aid society! Any level of woodcarver is invited to join this group! If you are a beginner or a master woodcarver, you are welcome to join in. The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a wood carver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and wood carving tools!

Maple Grove Community Center Every Tuesday, ongoing

1:00 – 3:00 p.m. \$10 (yearly fee) 51727

CRAFTERS & E

Whether you knit, crochet, cross stich, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

Maple Grove Community Center Every Wednesday, Ongoing

9:00 a.m. – Noon \$10 (yearly fee) 51728



Play Cards!

500 CLUB ☎ E

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500. No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

Maple Grove Community Center, Senior Center Thursdays weekly

1:00 - 3:30 p.m. \$10 (yearly) 51565

SOCIAL BRIDGE & E

Enhance your bridge skill, build new friendships, and gather to enjoy a great game! This is intermediate "party bridge", meeting weekly. No partners needed to attend, we form tables as individuals arrive. A prize fee of 50¢ is collected at each meeting.

Maple Grove Community Center, Senior Center Wednesdays weekly

12:30 - 3:30 p.m. \$10 (yearly) 51566

DUPLICATE BRIDGE TO E

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner. Arrive early, play starts at NOON!

Maple Grove Community Center

Tuesdays weekly

12:00 - 3:30 p.m. \$10 (yearly) 51567

ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$5.00 paid weekly at the game to the director.** Wireless scoring and hand records. To build the game over winter we are offering a special: In January and February, bring a new player to the game, and you'll both play for free.

Maple Grove Community Center Thursdays weekly

12:00 – 3:30 p.m. \$5.00 (weekly)

PINOCHLE & E

Want a night out of the house to socialize and play cards? A pinochle group is playing weekly on Tuesday evenings. If you love to play Pinochle, come join this fun group.

Maple Grove Community Center Tuesdays weekly

6:30 – 9:30 p.m. \$10 (yearly) 51568

CRIBBAGE & E

Calling all Cribbage players, join in the fun. We've had requests to start a regular playing time for this game, so come and play with others from the area. We'll make teams, and games as people arrive.

Maple Grove Community Center
Planning Meeting & Play beginning January 12

1:00 – 4:00 p.m. \$10 (yearly) 52076



Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

Maple Grove Community Center, Senior Center Fridays weekly

1:00 – 3:30 p.m. \$10 (yearly) 51569

EUCHRE & E

Social time, a few laughs, great conversation and cards too! This game is similar to 500. If you've never played, give this card game a try! Beginners are welcome.

Arbor Lakes Senior Living Bldg, 12001 80th Ave N Mondays weekly

1:00 – 3:30 p.m. \$10 (yearly) 51570

MAH JONG & E

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. Learn the game or join with other skilled players. This group plays the more traditional Chinese format, and the yearly "card". Call Kris at 763-494-6514 with questions.

Maple Grove Community Center Thursdays weekly

9:00 – noon \$10 (yearly) 51571

HAND AND FOOT & E

If you love playing cards, and wish you could play a game for hours, this might be for you! Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards - the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Start something new, or continue to play and perfect your skills. The group meets each week, and welcomes beginners.

Maple Grove Community Center Tuesdays weekly

9:00 – 12:00 p.m. \$10 (yearly) 51572

DOMINO'S MEXICAN TRAIN & E

We've just started a "Mexican Train" game. Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play, or are new to "Mexican Train" you will have a great time!

Maple Grove Community Center Tuesdays weekly

1:00 – 4:00 p.m. \$10 (yearly) 51573



Adult Trips

ADULT TRIPS - AVAILABLE ON-LINE! & E

TRIP REGISTRATION & CANCELLATION POLICY

Trip registration is accepted by Internet, at the Community Center or through the mail-in process. Participants may cancel trips with refund prior to the registration deadline date. (A \$5.00 processing fee is charged) If you need to cancel after the registration deadline, a refund will be given <u>only</u> if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



Bus transportation leaves and returns from the Community Center unless otherwise stated in the trip write-up. Return times for all trips are approximations, and may be adjusted due to weather, traffic or scheduling conflicts.



FLIGHT OF THE BUTTERFLIES TO E

Science Museum

It is Senior Tuesday at the museum, so start your visit with a coffee and Danish. Enjoy dozens of species of butterfly close-up, watch their natural behaviors, and explore their life cycles and how they are supported by their environment. Both delicate and astonishingly complex, live butterflies will provide an unforgettable entry to an amazing butterfly experience. After time for lunch on your own we see the show Flight of the Butterflies in the Omnitheater. The Monarch butterfly is a true marvel of nature. Weighing less than a penny, it makes one of the longest migrations on Earth across a continent, with pinpoint navigational accuracy, to a secluded place it has never been before. Flight of the Butterflies tells the remarkable true story of the 40 year-long quest of one scientist—and a legion of citizen scientists he recruited from around North America to help him—to find the monarch's secret winter hideaway. Discover the story of the Monarch's astonishing metamorphosis and perilous journey as only the Omnitheater's 90 foot domed screen can tell it. A story of magnificent transformation and the triumph of a lifetime's work, the Washington Post calls it "... reminiscent of March of the Penguins in its ability to tug at the heartstrings." See Flight of the Butterflies and feel the flutter yourself. Last date to register or cancel December 22.

Tuesday, January 6

10:00 – 3:30 p.m. \$24 51050

HELLO DOLLY & E

Chanhassen Dinner Theatre Main Stage

Dolly Levi is a delightfully scheming busybody who makes her living as a matchmaker in glamorous New York City. She's out to make a match for Horace Vandergelder, the "well-known half-a-millionaire," with the charming hat maker, Irene Molloy; but in the process, Dolly snares a groom for herself. Dolly masterfully orchestrates romance and adventure in a glittering mixed up night on the town. HELLO, DOLLY! has garnered universal praise receiving ten Tony Awards, including "Best Musical." Audiences will love hits such as 'Put on Your Sunday Clothes', 'It Only Takes A Moment', 'Before The Parade Passes By', 'Elegance', 'Ribbons Down My Back', 'It Takes A Woman' and the show's rousing title tune hailed as one of the greatest production numbers in American musical theatre history, 'Hello, Dolly!' Fee includes lunch, show and motorcoach bus. Last date to register or cancel, Monday, December 10.

Wednesday, January 7

10:00 – 5:00 p.m. \$69 51048

ST. CROIX CASINO & E

Receive \$5.00 on your casino card upon your arrival to the casino... but even better...it is Senior Day today! Everyone over the age of 50 gets an additional amount of at least \$5.00! That's \$10.00 or more to everyone over 50! (This is given to you on your TLC card, not in cash) Enjoy your four hour stay with the variety of gaming choices and many lunch options. Fee includes casino incentives*and motor coach. Last day to register/cancel is January 9.

*Special Registration Note: When you register, you will be asked to provide your TLC number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives.

Wednesday, January 21

8:00 - 3:00 p.m. \$5 51764

A CURLING LUNCH TO E

Fogerty Arena, Blaine

There is a high demand for curling at the Fogerty Arena. In 2006, curling regained its medal status in the Winter Olympic Games and the sport's growth is exploding in a way that is reminiscent of how youth hockey expanded in this county. The staff at the Four Seasons Curling Club would like to invite you to come by and view a game or two, while you have a delicious lunch from Gabe's Rinkside bar & grill, which offers great food and drink while overlooking the ice at Fogerty Arena. No need to preorder, you will be able to choose from a special menu prepared for our group with choices of *Beer Battered Walleye, the Curling Revenge Burger or the Avocado Turkey Bacon sandwich*. After your tasty lunch, a staff member will give us a '101Curling' information session. If you ever wanted to know more about curling, but didn't know what or who to ask, this is your chance! Last date to register or cancel, Thursday, January 8.

Thursday, January 22

11:00 – 2:00 p.m. \$28 51058



Adult Trips

ADULT TRIPS CONT... E



DOWNTOWN CLASSICS TO E

Guthrie Theater Backstage & Murrays

Backstage tours offer a behind-the-scenes look at how Guthrie shows are taken from script to stage. In 45 minutes, you'll visit the Guthrie's signature thrust and proscenium stages; enter the expansive scene shop where sets are built and painted, and learn how they're transported to each stage; visit the shop where costumes are expertly stitched, fabrics dyed and wigs constructed; and explore the rehearsal rooms where company members prepare for performance. It is a fascinating tour, helping you realize how even the most minor details are not forgotten! For lunch, let's enjoy some of the finest food in downtown Minneapolis at the newly remodeled Murray's! They take great pride in being one of the remaining independent family owned Minneapolis restaurants! When registering, please note your choice of entrée, either broiled salmon or the 8 oz sirloin steak. The tour will require walking, so wear your comfortable shoes. Last date to register or cancel is January 6.

Wednesday, February 4

9:30 – 2:00 p.m. \$55 51051

THE COLOR PURPLE TO E

Park Square Theater - Proscenium Stage

"Po Chile" Celie labors with a broom in her hand and fear in her heart, waiting for her missionary sister to answer her letters. Inspired by defiant, sassy Sophia, Celie finally emerges from a life of abuse. Then "Queen Honeybee" Shug Avery ushers Celie into a world of love. Celie got a voice! And it's beautiful! Black American music, from gospel and jazz to soul and Motown floods the theatre as we all celebrate how Celie learns to "wear the pants." *The spirit all around now — and forgiveness — and joy.* Based upon the novel written by Alice Walker and The Warner Bros./Amblin Entertainment Motion Picture Book by Marsha Norman, Directed and Choreographed by Lewis Whitlock Ill; Musical Direction by Rev. Carl Walker Last date to reserve or cancel is January 7.

Sunday, February 8

1:00 – 5:30 p.m. \$47 51056

CATHEDRAL HILL HIGHLIGHTS TO E

W.A.Frost and St Paul Cathedral

Let's begin our day with a delicious lunch in the historical setting of W.A. Frost. After World War II, W.A. Frost and Company closed its door, but in 1975 as a lovingly restored bar with food brought in by local caterers, has since turned into a full service restaurant with an award-winning wine list and fine dining, while once again welcomes neighbors and visitors to Historic Cathedral Hill. Here, you will have your choice of roasted chicken, vegetable pasta or a seasonal soup and salad. Through the initial 1900's the Hill was thriving and continued to be prosperous with the construction of the St Paul Cathedral! So, let's go down the street for a tour of the majestic St Paul Cathedral which is recognized as the most prominent historical landmark in St Paul. Don't miss a little bit of history in St Paul today! Last date to register or cancel is February 4.

Thursday, March 5

11:00 – 2:30 p.m. \$40 51052

SOCIAL SECURITY, ☎ E

DAY TRIPPERS THEATER

Eagles Ballroom Theatre

Start with a buffet lunch including champagne chicken and pork stirfry, then sit back and enjoy the show! SOCIAL SECURITY is the story of two married art dealers struggling with their impossible in-laws. As the New York Times says, "aging in-laws have never been funnier, as long as they're not your aging in-laws!" Mom goes to visit her daughter and son-in-law in Manhattan and then doesn't want to leave. Starred Marlo Thomas and Oylmpia Dukakis on Broadway and ran for 336 performances! Last Day to reserve or cancel, February 13.

Wednesday, March 11

11:30 – 4:30 p.m. \$48 51057



THE ILLUSIONISTS TO E

Ordway Theatre

Witness the Impossible! The most important live magic show currently touring the world. Seven incredible illusionists enact mind bending acts of magic and illusion; many have never been seen before. This critically acclaimed production is a powerful mix of outrageous, jaw dropping acts of grand illusion, levitation, mind-reading, disappearance and a full view water escape. "A magical, mystery, tour de force"—Australian Stage. Last Date to reserve or cancel January 12.

Saturday, March 28

1:00 – 5:30 p.m. \$106 Lower Mezzanine 51053 \$84 Upper Mezzanine 51054



Adult Trips

ADULT TRIPS CONT... ☎ E

ANNE OF GREEN GABLES & E

Theatre in the Round

We love this intimate theatre, and here is a delightful show to enjoy. You all remember the story of the stern Marilla and her warm-hearted brother Mathew, they hope to adopt a boy to work on their farm on rural Prince Edward Island. But the orphanage sends young, befreckled Anne by mistake, and none of their lives will ever be the same. Sylvia Ashby's refreshing adaptation stays true to L. M. Montgomery's literary classic. Last date to register or cancel March 27.

Sunday, April 12

1:00 – 5:30 p.m. \$27 51061



DIRTY ROTTEN SCOUNDRELS TO E

Old Log Theatre

Start with lunch in the totally revised, updated and new chef driven restaurant. You will have your choice of *Beef Short Ribs, Vegetarian Pasta, or Roasted Chicken Breast.* Then enjoy the show in the updated and comfortable seating in the theater. *Dirty Rotten Scoundrels* is based on the popular 1988 film of the same title. The show centers on two con men living on the French Riviera. Lawrence Jameson makes his lavish living by talking rich ladies out of their money. Freddy Benson more humbly swindles women by waking their compassion with fabricated stories about his grandmother's failing health. When it becomes apparent that the Riviera isn't big enough for the both of them, they make a winner-take-all wager over the fortunes of a naïve American soap heiress: the first one to "clean her out" can make the other clear out and keep the Riviera and its unsuspecting tourists to himself! A hilarious series of schemes, masquerades and double-crosses will keep audiences laughing. Last date to register or cancel, April 3.

Wednesday, April 22

10:30 – 4:30 p.m. \$57 51065



KINKY BOOTS & E

Orpheum Theatre

Kinky Boots is the exhilarating Broadway musical that will lift your spirits to new high-heeled heights! Winner of six Tony Awards® including BEST MUSICAL, this inspirational story follows a struggling shoe factory owner who works to turn his business around with help from Lola, a fabulous entertainer in need of some sturdy stilettos. Together, this unlikely pair finds that they have more in common than they ever dreamed possible... proving that when you change your mind about someone, you can change your whole world.

Inspired by a true story, *Kinky Boots* features a joyous, Tony-winning score by CYNDI LAUPER, direction and Tony-winning choreography by JERRY MITCHELL and a hilarious, uplifting book by four-time Tony winner HARVEY FIERSTEIN. Come join the sold-out audiences who've discovered why – sometimes – the best way to fit in is to stand out! Fee includes main floor side seating and motorcoach bus. Last date to register or cancel is February 15.

Wednesday, July 29

6:30 – 11:00 p.m. \$46 51069

DISCOVER TUSCANY, ITALY

Maple Grove and Collette Vacations travel to ITALY in 2015. Join us in hearing about the trip, including Rome, Assisi, Basilica of St. Francis, Montecatini Terme, Lucca, San Gimignano, Florence and more! 10 Days, 13 meals, October 8 – 17, 2015. Informational meeting with trip itinerary and details will be held. Call Kris at 763-494-6514 to RSVP and receive additional information. Save the dates, and plan on exploring Italy in 2015.

Maple Grove Community Center March 19 6:00 – 7:00 p.m.

Movies

MOVIES, SODA, POPCORN!

Movies will be shown at the Arbor Lakes Senior Living, 12001 80th Ave. N. Maple Grove. Any questions, please call Kris, 763-494-6514 or Brenda, 763-494-6499. Show times are 9:30 a.m. and 12:30 p.m. We will limit seating to 15 per time slot! Please call to reserve a seat.

Movies dates: Mondays, January 12 & 26, February 9 & 23, March 9 & 23

All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763-494-6514 with any questions.



Learn to Swim - Red Cross Certification

RED CROSS CERTIFICATION

Maple Grove Junior High School 7000 Hemlock Lane North Maple Grove Community Center 12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You may purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.



LEARN-TO-SWIM

The American Red Cross offers six comprehensive course levels that teach anyone 18 months thru adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined below. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to place the swimmer in the appropriate class. If you have any questions or concerns, contact Gayle West, 763-494-6493.

CLASS DESCRIPTIONS

(Look for age appropriate classes)

30 Minute Classes

Parent/Child: No requirement. For children 18 months through 5 years of age. This class is designed to inform the parent how to teach the child water adjustment and safety skills. This class requires 1 adult guardian per child in the water. Classes are 30 minutes.

Age 3: This class is for 3 year olds who are ready to be in a 30 minute class without a parent. This class will work on *American Red Cross Level 1 Introduction to Water Skills.* If a student shows they are not ready to be without the parent, you and your child may join the Parent/ Child class. Class size is 1 teacher to 3 children.

Ages 4/5 Level 1: This class is for children who are 4 - 5 years of age. The child must have completed Parent/Child class or be well adjusted to the water. **If your child shows he or she is not ready to be without a parent in class, you and your child may join the Parent/Child class.** This class will work on *American Red Cross* Level 1 *Introduction to Water Skills*. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Ages 4/5 Level 2: This class is for children who are 4 - 5 years of age. The child must have completed the *American Red Cross Level 1 Introduction to Water Skills* or be able to do the *Skills for Level 1*. This class will work on *American Red Cross* Level 2 *Fundamental Aquatic Skills*. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Ages 4/5 Level 3: This class is for children who are 4-5 years of age. The child must have completed the American Red Cross Level 2 Fundamental Aquatic Skills or be able to do the Skills for Level 2. This class will work on American Red Cross Level 3 Stroke Development. Classes are 30 minutes. Class size is 1 teacher to 3 children.

Semi-Private Lessons: These lessons are for 2 swimmers of similar skill level who can sign up for lessons together and be taught by 1 teacher. Lessons are for ages 3 years or older. Sign up with a partner under one course code and together make the payment. Classes are 30 minutes. Register ONLY ONCE; then include name, address and telephone number of the second swimmer when prompted.

Private Lessons: Lessons are for age 18 months or older with any swimming ability. Class size is 1 teacher to 1 swimmer. Classes are 30 minutes.

45 Minute Classes

The American Red Cross Levels 1 through 6: These classes are for swimmers <u>6 years of age and older</u>. Children who turn 6 that have been in the Age 3 or Ages 4/5 classes are able to sign up for a 45 minute class to continue in the level they have been working on. Classes are 45 minutes long with 1 teacher to 3 - 6 children. Skills are checked the first day of lessons to determine into which level swimmers will be placed. If the class your child needs does not have the **minimum of 3 swimmers**, **you will be offered a refund or asked to upgrade to semi private or private lessons.**

Level 1 · Introduction to Water Skills

Purpose: Helps students feel comfortable in the water.

Level 1 participants learn to:

Enter and exit water using ladder, steps or side, blow bubbles through mouth and nose for 3 seconds, bobbing 5 times, open eyes under water and retrieve submerged objects, front and back glides and floats, recover to vertical position, roll from front to back and back to front, tread water using arm and hand actions in chest deep water, alternating and simultaneous leg actions on front and back for 2 body lengths, alternating and simultaneous arm actions on front and back for 2 body lengths, combined arm and leg actions on front and back for 2 body lengths.

Level 1 Exit Skills: 1). Enter independently, using either the ladder, steps or side, travel at least 5 yards, bob 5 times then safely exit the water. (Participants can walk, move along the gutter or "swim.") 2). Glide on front at least 2 body lengths, roll to a back float for 5 seconds and recover to a vertical position.



Level 2 · Fundamental Aquatic Skills

Purpose: Gives students success with fundamental skills.

Level 2 participants learn to:

Enter water by stepping or jumping from the side into shoulder-deep water, exit using ladder, steps or side in chest-deep water, fully submerge and hold breath 10 seconds, bob 10 times, open eyes under water and retrieve submerged objects, float on front, in jellyfish position and tuck position for 10 seconds each, recover to vertical position, roll from front to back and back to front, change direction of travel while swimming on front and back, tread water using arm and leg actions for 15 seconds, front and back glides 2 body lengths, combined arm and leg actions on front and back for 5 body lengths and finning arm action on back for 5 body lengths.

Level 2 Exit Skills: 1). Step from the side into chest-deep water, push off the bottom, move into a treading or floating position for at least 15 seconds, swim on front and/or back for 5 body lengths, then exit the water. 2). Move into a back float for 15 seconds, roll to front, then recover to a vertical position. 3). Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front, then continue swimming for at least 5 body lengths.

Level 3 • Stroke Development

<u>Purpose</u>: Builds on the skills in Level 2 through additional guided practice in deeper water.

Level 3 participants learn to:

Enter water by jumping from the side fully submerged, recover to surface and go to the side, headfirst entries from the side in sitting and kneeling positions into water at least 9 feet deep, push offs in streamlined position and add kick 3-5 body lengths, bobbing while moving toward safety, rotary breathing, survival float 30 seconds, back float at least one minute, change from vertical to horizontal position on front and back, tread water, flutter, scissor kick 10 yards, dolphin and breaststroke kicks on front, front crawl 15 yards and elementary backstroke 15 yards.

Level 3 Exit Skills: 1). Jump into deep water from the side, recover to the surface, maintain position by treading or floating for one minute, rotate one full turn then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water. 2). Push off in a streamlined position, then swim front crawl for 15 yards, change position and direction as necessary, swim elementary backstroke for 15 yards, then exit the water.

Level 4 • Stroke Improvement

<u>Purpose:</u> Develops confidence in the skills learned and improves other aquatic skills.

Level 4 participants learn to:

Compact and stride position headfirst entry into water at least 9-feet deep, feet first surface dive submerging completely, swim under water 3-5 body lengths, tread water using 2 different kicks for 2 minutes, Flutter and dolphin kick on back, front crawl for 25 yards, breaststroke for 15 yards, butterfly stroke 15 yards, sidestroke 15 yards, survival swim for one minute, front and back crawl open turn.

Level 4 Exit Skills: 1). Perform a feet-first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards. 2). Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards. 3). Submerge and swim a distance of 3 to 5 body lengths underwater without hyperventilating, return to the surface, then exit the water.

Level 5 • Stroke Refinement

<u>Purpose:</u> Provides further coordination and refinement of strokes.

Level 5 participants learn to:

Shallow-angle dive from the side glide 3 body lengths and begin any front stroke, tuck and pike surface dives submerging completely, tread water 5 minutes, tread water legs only two minutes, front crawl and elementary backstroke for 50 yards each, butterfly, breaststroke, back crawl and sidestroke for 25 yards each, front and back flip turns while swimming, and standard scull for 30 seconds.

Level 5 Exit Skills: 1). Perform a shallow-angle dive into water at least 9 feet deep, swim front crawl for 50 yards, then swim elementary backstroke 50 yards using appropriate and efficient turning styles throughout. 2). Swim breaststroke for 25 yards, change direction of travel as necessary, then swim back crawl for 25 yards using appropriate and efficient turning styles throughout.

Level 6 • Swimming and Skill Proficiency

<u>Purpose</u>: Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that focus on preparing participants for more advanced courses, such as Water Safety Instructor, or other aquatic activities, such as competitive swimming or diving. Level 6 has 3 menu options in addition to specialized skills, all menus work on endurance for the following six strokes: front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. Students may wish to enroll in Level 6 multiple times to take advantage of these menu options.

Fitness Swimmer – This menu teaches how to make swimming a life long way to stay fit.

Personal Water Safety – This menu emphasizes safety skills for the individual.

Fundamentals of Diving – This menu teaches safe diving skills for diving from the side of the pool and from a diving board.



Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form. This information will enable us to provide a more positive learning experience for your child. If you are not mailing in a registration contact Michelle DeBace at 763-494-6516 to make her aware of special needs.



MAPLE GROVE JR HIGH SCHEDULE TO E

Mondays, January 12 – March 23(ex Jan 19, Feb 2 & 16) *8 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$90	51856
Age 4/5	6:45 – 7:15 p.m.	\$93	51872
(without parent)	7:20 – 7:50 p.m.	\$93	51873
Private Lessons	7:55 – 8:25 p.m.	\$135	51921
(1 teacher/1 student)	8:30 – 9:00 p.m.	\$135	51922
Semi-Private Lessons	7:20 – 7:50 p.m.	\$230	52012
(1 teacher/2 students)	7:55 – 8:25 p.m.	\$230	51986

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$93	52038
Levels 4 – 6 Level 6	7:35 – 8:20 p.m.	\$93	52039
(Fitness Swimmer)			
Adult, Jr & Sr High	7:35 – 8:20 p.m.	\$93	52040

Wednesdays, Ses 1, Jan 7 - Feb 11 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$68	51857
Age 4/5	6:45 – 7:15 p.m.	\$71	51874
(without parent)	7:20 – 7:50 p.m.	\$71	51875
Private Lessons	7:55 – 8:25 p.m.	\$103	51923
(1 teacher/1 student)	8:30 – 9:00 p.m.	\$103	51924
Semi-Private Lessons	7:20 – 7:50 p.m.	\$175	51987
(1 teacher/2 students)	7:55 – 8:25 p.m.	\$175	51988

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$71	52043
Levels 4 – 6 Level 6 (Diving)	7:35 – 8:20 p.m.	\$71	52044
(2.19)			

Wednesdays, Ses 2, Feb 18 - Mar 25 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6:45 – 7:15 p.m.	\$68	51858
Age 4/5	6:45 – 7:15 p.m.	\$71	51876
(without parent)	7:20 – 7:50 p.m.	\$71	51877
levels 1 - 3			
Private Lessons	7:55 – 8:25 p.m.	\$103	51925
(1 teacher/1 student)	8:30 – 9:00 p.m.	\$103	51926
Semi-Private Lessons	7:20 – 7:50 p.m.	\$175	51990
(1 teacher/2 students)	7:55 – 8:25 p.m.	\$175	51989

45 minute group lessons (ages 6 & older)

Levels 1 - 3	6:45 – 7:30 p.m.	\$71	52045
Levels 4 – 6 Level 6	7:35 – 8:20 p.m.	\$71	52046
(Diving)			



MAPLE GROVE COMMUNITY CENTER TO E

*Note – pool available to open swim during Saturday lessons

Saturdays, Jan 24 – Mar 21 (ex Feb 14) *8 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:20–10:50 a.m.	\$90	51859
Age 3	10:20–10:50 a.m.	\$93	52020
(without parent)			
Age 4/5	9:10-9:40 a.m.	\$93	51889
(without parent)	9:45-10:15 a.m.	\$93	51890
	10:55–11:25 a.m.	\$93	51891
Private Lessons	8 - 8:30 a.m.	\$135	51927
(1 teacher/1 student)	8:25 – 8:55 a.m.	\$135	51928
Levels 1 & 2 only	8:35 – 9:05 a.m.	\$135	51929
Private Lessons	9:10-9:40 a.m.	\$135	51930
(1 teacher/1 student)	9:45-10:15 a.m.	\$135	51931
	10:20-10:50 a.m.	\$135	51932
	10:55-11:25 a.m.	\$135	51933
	11:30-noon	\$135	51934
Semi-Private Lessons	8 -8:30 a.m.	\$230	51901
(1 teacher/2 students)	8:35 – 9:05 a.m.	\$230	52013
Levels 1 & 2 only			
Semi-Private Lessons	11:30-noon	\$230	51992
(1 teacher/2 students)			

45 minute group lessons (ages 6 & older)

Levels 1 & 2	8:10-8:55 a.m.	\$93	52047
Levels 3 & 4	9-9:45 a.m.	\$93	52048
Levels 5 & 6 (level 6, Fitness Swimmer)	9:50-10:35 a.m.	\$93	52049
Levels 2 & 3	10:40-11:25 a.m.	\$93	52050
Adult, Jr & Sr High	9:50-10:35 a.m.	\$93	52041

Mondays, Jan 12 – March 23 (ex Jan 19, Feb 2 & 16) *8 lessons

30 minute lessons

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Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$90	51860
Age 3	6-6:30 p.m.	\$93	52021
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$93	51892
(without parent)	4:15-4:45 p.m.	\$93	51893
	5:25-5:55 p.m.	\$93	51894
Private Lessons	3:40-4:10 p.m.	\$135	51959
(1 teacher/1 student)	4:15-4:45 p.m.	\$135	51943
	4:50-5:20 p.m.	\$135	51944
Private Lessons	6-6:30 p.m.	\$135	51960
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$230	51995
(1 teacher/2 students)	5:25-5:55 p.m.	\$230	51996

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$93	52055
Levels 1 - 4	5:10-5:55 p.m.	\$93	52056



MAPLE GROVE COMMUNITY CENTER TO E

Wednesdays, Ses 1, Jan 7 - Feb 11 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	51861
Age 3	6-6:30 p.m.	\$71	52022
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$71	51895
(without parent)	4:15-4:45 p.m.	\$71	51896
Private Lessons	3:40-4:10 p.m.	\$103	51961
(1 teacher/1 student)	4:15-4:45 p.m.	\$103	51945
	4:50-5:20 p.m.	\$103	51962
Private Lessons	6-6:30 p.m.	\$103	51963
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$175	51997
(1 teacher/2 students)	5:25-5:55 p.m.	\$175	51998

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6,	4:20-5:05 p.m.	\$71	52057
Fitness Swimmer)			
Levels 1 - 4	5:10-5:55 p.m.	\$71	52058



Wednesdays, Ses 2, Feb 18 - Mar 25 *6 lessons

30 minute lessons

			
Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	51862
Age 3	6-6:30 p.m.	\$71	52023
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$71	51897
(without parent)	4:15-4:45 p.m.	\$71	51898
	5:25-5:55 p.m.	\$71	51899
Private Lessons	3:40-4:10 p.m.	\$103	51964
(1 teacher/1 student)	4:15-4:45 p.m.	\$103	51946
	4:50-5:20 p.m.	\$103	51947
Private Lessons	6-6:30 p.m.	\$103	51965
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$175	51999
(1 teacher/2 students)	5:25-5:55 p.m.	\$175	52000

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$71	52059
Levels 1 - 4	5:10-5:55 p.m.	\$71	52060

Tuesdays & Thursdays, Ses 1, Jan 6 – 22 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	51863
Age 3	6-6:30 p.m.	\$71	52024
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$71	51900
(without parent)	4:15-4:45 p.m.	\$71	51901
	5:25-5:55 p.m.	\$71	51879
Private Lessons	3:40-4:10 p.m.	\$103	51966
(1 teacher/1 student)	4:15-4:45 p.m.	\$103	51967
	4:50-5:20 p.m.	\$103	51968
Private Lessons	6-6:30 p.m.	\$103	51948
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$175	52001
(1 teacher/2 students)	5:25 – 5:55 p.m.	\$175	52002

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6, Fitness Swimmer)	4:20-5:05 p.m.	\$71	52061
Levels 1 - 4	5:10-5:55 p.m.	\$71	52062

Tuesdays & Thursdays, Ses 2, Feb 3 – 19 *6 lessons

30 minute lessons

<u>30 minute lessons</u>			
Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	51864
Age 3	6-6:30 p.m.	\$71	52025
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$71	51880
(without parent)	4:15-4:45 p.m.	\$71	51881
	5:25-5:55 p.m.	\$71	51902
Private Lessons	3:40-4:10 p.m.	\$103	51969
(1 teacher/1 student)	4:15-4:45 p.m.	\$103	51970
	4:50-5:20 p.m.	\$103	51949
Private Lessons	6-6:30 p.m.	\$103	51971
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$175	52003
(1 teacher/2 students)	5:25 – 5:55 p.m.	\$175	52004

45 minute group lessons (ages 6 & older)

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Levels 4 - 6 (level 6,	4:20-5:05 p.m.	\$71	52063
Fitness Swimmer)			
Levels 1 - 4	5:10-5:55 p.m.	\$71	52064





MAPLE GROVE COMMUNITY CENTER **T** E

Tuesdays & Thursdays, Ses 3, Mar 3 – 19 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	6-6:30 p.m.	\$68	51865
Age 3	6-6:30 p.m.	\$71	52026
(without parent)			
Age 4/5	3:40-4:10 p.m.	\$71	51903
(without parent)	4:15-4:45 p.m.	\$71	51904
	5:25-5:55 p.m.	\$71	51905
Private Lessons	3:40-4:10 p.m.	\$103	51972
(1 teacher/1 student)	4:15-4:45 p.m.	\$103	51973
	4:50-5:20 p.m.	\$103	51950
Private Lessons	6-6:30 p.m.	\$103	51951
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private Lessons	3:40-4:10 p.m.	\$175	52005
(1 teacher/2 students)	5:25 – 5:55 p.m.	\$175	52006

45 minute group lessons (ages 6 & older)

Levels 4 - 6 (level 6,	4:20-5:05 p.m.	\$71	52065
Fitness Swimmer)			
Levels 1 - 4	5:10-5:55 p.m.	\$71	62066



MG COMMUNITY CENTER DAYTIME **T** E

Mondays, Jan 12 - March 23 (ex Jan 19, Feb 2 & 16) *8 lessons

30 minute lessons

<u>30 minute lessons</u>			
Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$90	51866
Age 3	9:50-10:20 a.m.	\$93	52027
(without parent)	10:25-10:55 a.m.	\$93	52028
Age 4/5	10:25-10:55 a.m.	\$93	51882
(without parent)	11:00-11:30 a.m.	\$93	51906
	11:35-12:05 p.m.	\$93	51907
	12:10-12:40 p.m.	\$93	51883
Private Lessons	11:00-11:30 a.m.	\$135	51974
(1 teacher/1 student)	11:35-12:05 p.m.	\$135	51975
Private Lessons (1 teacher/1 student) Levels 1 & 2 only	9:15-9:45 a.m.	\$135	51952
Semi-Private (1 teacher/2 students)	12:10-12:40 p.m.	\$230	52014
Semi-Private (1 teacher/2 students) Levels 1 & 2 only	9:15-9:45 a.m.	\$230	52007

Tuesdays, Ses 1, Jan 6 – Feb 10 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:25-10:55 a.m.	\$68	51867
Age 3	10:25-10:55 a.m.	\$71	52029
(without parent)			
Age 4/5	11:35-12:05 p.m.	\$71	51908
(without parent)	12:10-12:40 p.m.	\$71	51909
levels 1 - 3			
Private Lessons	9:15-9:45 a.m.	\$103	51976
(1 teacher/1 student)	9:50-10:20 a.m.	\$103	51977
	11-11:30 a.m.	\$103	51953
	11:35-12:05 p.m.	\$103	51978
Semi-Private	9:15-9:45 a.m.	\$175	51985
(1 teacher/2 students)	9:50-10:20 a.m.	\$175	51993
	12:10-12:40 p.m.	\$175	51994



Tuesdays, Ses 2, Feb 17 - March 24 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	10:25-10:55 a.m.	\$68	51868
Age 3	10:25-10:55 a.m.	\$71	52030
(without parent)			
Age 4/5, levels 1 - 3	11:35-12:05 p.m.	\$71	51878
(without parent)	12:10-12:40 p.m.	\$71	51910
Private Lessons	9:15-9:45 a.m.	\$103	51954
(1 teacher/1 student)	9:50-10:20 a.m.	\$103	51955
	11-11:30 a.m.	\$103	51979
	11:35-12:05 p.m.	\$103	51956
Semi-Private	9:15-9:45 a.m.	\$175	52015
(1 teacher/2 students)	9:50-10:20 a.m.	\$175	52008
	12:10-12:40 p.m.	\$175	52010

MG COMMUNITY CENTER DAYTIME TO E

Wednesdays, Jan 7 - Feb 11 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$68	51869
Age 3	9:50-10:20 a.m.	\$71	52031
(without parent)	10:25-10:55 a.m.	\$71	52032
Age 4/5	10:25-10:55 a.m.	\$71	51911
(without parent)	11:00-11:30 a.m.	\$71	51912
	12:10-12:40 p.m.	\$71	51884
Private Lessons	11-11:30 a.m.	\$103	51980
(1 teacher/1 student)	11:35-12:05 p.m.	\$103	51981
Private Lessons	9:15-9:45 a.m.	\$103	51982
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private	11:35-12:05 p.m.	\$175	52009
(1 teacher/2 students)	12:10-12:40 p.m.	\$175	52011
Semi-Private	9:15-9:45 a.m.	\$175	52016
(1 teacher/2 students)			
Levels 1 & 2 only			

Wednesdays, Feb 18 - March 25 *6 lessons

30 minute lessons

Who	Time	Fee	Code
Parent/Child	9:50-10:20 a.m.	\$68	51870
Age 3	9:50-10:20 a.m.	\$71	52033
(without parent)	10:25-10:55 a.m.	\$71	52034
Age 4/5	10:25-10:55 a.m.	\$71	51913
(without parent)	11:00-11:30 a.m.	\$71	51914
	12:10-12:40 p.m.	\$71	51915
Private Lessons	11-11:30 a.m.	\$103	51957
(1 teacher/1 student)	11:35-12:05 p.m.	\$103	51983
Private Lessons	9:15-9:45 a.m.	\$103	51984
(1 teacher/1 student)			
Levels 1 & 2 only			
Semi-Private	11:35-12:05 p.m.	\$175	52019
(1 teacher/2 students)	12:10-12:40 p.m.	\$175	52018
Semi-Private (1 teacher/2 students) Levels 1 & 2 only	9:15-9:45 a.m.	\$175	52017



WATER AEROBICS & E

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun and stay fit with the help and buoyancy of water to support your joints. This is a great form of exercise for water lovers.

Maple Grove Community Center Pool

Session 1

Mondays & Wednesdays, January 5 – February 25

7:15 – 8:00 p.m. \$121 (16 ses) 52072

Tuesdays & Thursdays, January 6 – February 26

Tuesdays, 8:00 – 8:45 p.m. \$121 (16 ses) 52073

Thursdays, 7:15 - 8:00 p.m.

Session 2

Mondays & Wednesdays, March 2 – 25

7:15 – 8:00 p.m. \$63 (8 ses) 52074

Tuesdays & Thursdays, March 3 - 26

Tuesdays, 8:00 – 8:45 p.m. \$63 (8 ses) 52075

Thursdays, 7:15 – 8:00 p.m.

PUNCH CARD FOR WATER AEROBICS....

All Winter 2015 Session 1, Water Aerobics registrants will receive a Punch Card on the first night of class. The card will be valid for 16 punches, allowing you to attend any 16 Water Aerobics classes from January 5 – February 26. For session 2, the card will be valid for 8 punches, allowing you to attend any 8 Water Aerobics classes from March 2 – 26.





Learn to Swim - Specialized Programs

BASIC LIFEGUARD TRAINING TO E

Purpose

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites

- Must be 15 years old on or before the final scheduled session of this course.
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed.
 Swim goggles may be used.
- 3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
- 4. Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards. The face may be in or out of the water. Swim goggles are not allowed.
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.

Certification Requirements

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Gayle West, 763-494-6493 with questions. Minimum requirement of 6 participants for the class.

Maple Grove Community Center Pool

Thursday, April 9
7:30 – 9:00 p.m.
Thursday, April 16
4:00 – 9:00 p.m.
Fridays, April 10 & 17
5:00 – 10:00 p.m.
Saturdays, April 11 & 18
5:00 – 10:00 p.m.
Sunday, April 12
5:00 – 10:00 p.m.

52068



BASIC LIFEGUARD REVIEW CLASS & E

Here is your opportunity to renew your lifequarding!

This course is designed to recertify those who have current certification for Basic Lifeguard. You are required to complete the pre-course test listed under the lifeguard training full class to continue the class.

There will be a lecture, video and practice time to prepare for the final written tests and scenarios. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If you are a Waterfront Lifeguard with the American Red Cross you may renew the basic component of your certification with this review. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED.

Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions.

There is a minimum requirement of 6 participants to run the program. Questions may be directed to Gayle West at 763-494-6493.

Maple Grove Community Center Pool Thursday - Saturday, March 19 - 21 5:00 - 10:00 p.m. \$150

WATERFRONT MODULE TO E

This module renews your waterfront if you also do the Basic Lifeguard Class. Waterfront Module may be added to your current American Red Cross Basic Lifeguard or Water Park certification. You will need proof that you are currently certified with the American Red Cross with Basic, or Water Park Lifeguard.

Maple Grove Community Center Pool

Sunday, March 22 4:00 – 10:00 p.m.

– 10:00 p.m. \$50

Sunday, April 19

4:00 – 10:00 p.m. \$50 52071



\$250

52069

52070

Learn to Swim - Specialized Programs

AMERICAN RED CROSS WATER SAFETY INSTRUCTOR & E

The purpose of the American Red Cross Water Safety Instructor Course is to train instructor candidates to teach courses and presentations in the American Red Cross Swimming and Water Safety program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

Prerequisites:

To participate in the Water Safety Instructor course, individuals must - Be at least 16 years of age on or before the final scheduled lesson of this course. Bring proof of age to the first class. To prove age bring a driver's license, state identification card, birth certification or passport or other government-issued photo identification.

Demonstrate the ability to perform the following swimming skills to continue in this class:

 Swim the following strokes consistent with the Stroke Performance Charts, Level 4

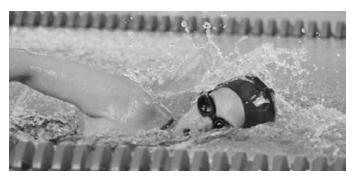
Front crawl – 25 yard
Back crawl – 25 yards
Breaststroke – 25 yards
Elementary backstroke – 25 yards
Sidestroke – 25 yards
Butterfly – 15 yards

- Maintain position on back for 1 minute in deep water (floating or sculling).
- 3. Tread water for 1 minute

Part of this class is online. You will need access to the internet and a printer. After you enroll, you will be given a link to the American Red Cross to have access to the online portion of the class. You will also need to pay a fee of \$35 to the American Red Cross when you link up the first time. Minimum required for class is 6 participants or the class will be cancelled. If there are any questions regarding this course, please contact Gayle West at 763-494-6493. The last day to register is Monday, February 3 or until spaces fill. Must attend all sessions for certification.

Maple Grove Community Center Pool Thursday, February 19 7:30 – 9:00 p.m. Fridays, February 20 & 27 5:00 – 10:00 p.m. Saturdays, February 21 & 28 5:00 – 10:00 p.m. Sundays, February 22 & March 1 4:00 - 9:00 p.m. \$225 52067





NHCP SWIM CLUB

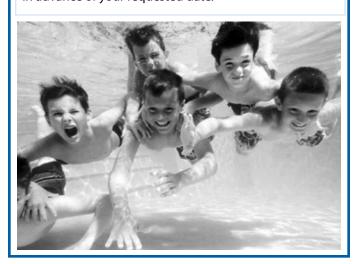
The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area. They are sanctioned by United States Swimming.

The fall-winter season runs from September – March. The spring-summer season runs from April – July. Practices are held in early evenings through the school year. During the summer we have outdoor morning practices and/or indoor evening practices. Each training group has a different schedule.

We hold Splash Opportunities (tryouts) throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach please visit, www.teamunify.com/mnnhcp.

GROUP POOL RENTAL

The Maple Grove and Osseo Junior High School pools are avaiable on a limited basis for group gatherings. Use of the pool and lockerrooms, including supervision and lifeguards is \$90.00 per hour on weekdays and \$135.00 per hour on weekends. For additional information and scheduling, contact Lisa Gedker, 763-494-6494 or lgedker@maplegrove.mn.gov a minimum of two weeks in advance of your requested date.





Community Center

MAPLE GROVE COMMUNITY CENTER 12951 Weaver Lake Road, Maple Grove, MN 55369

Community Center Hours:

Monday-Friday	6:00 a.m 10:00 p.m.
Saturday	8:00 a.m 10:00 p.m.
Sunday	10:00 a.m 10:00 p.m.

Community Center Holiday Hours:

Wednesday, December 24 - Christmas Eve 6:00 am - 12:00 noon	
Thursday, December 25 - Christmas DayClosed	
Wednesday, December 31 - New Year's Eve 6:00 a.m 4:00 p.m.	
Thursday, January 1 - New Year's Day12:00 p.m 6:00 p.m.	

Telephone numbers

Banquet Room Rental	763-494-5969
Birthday Party Packages	763-494-5966
Group Reservations	763-494-5969
Ice Arena Dead Ice Times	763-494-5951
Ice Arena Office	763-494-5968
Ice Arena Rentals	763-494-6465
Main Number	763-494-6500
Meeting Room Rental	763-494-5969
Membership Support Services	763-494-6461
Websitewww.maplegroveco	ommunitycenter.org
Facebookfacebook.com/maplegrov	vecommunitycenter

All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

Daily Admission	Regular/Non-Res.	<u>Resident</u>
Single, under 1 free	\$10.00	\$9.00
Family	\$33.00	\$28.00
Coupon Book	Regular/Non-Res.	<u>Resident</u>
10 coupons/book-all ages	\$80.00	\$80.00

Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, or the Pool Only membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center.

All Building Memberships:

	Regular/Non-Res.	Resident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$195.00 / \$16.25	\$175.00 / \$14.58
Adult	\$235.00 / \$19.58	\$195.00 / \$16.25
Family	\$475.00 / \$39.58	\$375.00 / \$31.25

Pool Annual Memberships:

Regular/Non-Res.	Resident
Annual / Monthly	Annual / Monthly
\$160.00 / \$13.33	\$135.00 / \$11.25
\$185.00 / \$15.42	\$160.00 / \$13.33
\$375.00 / \$31.25	\$325.00 / \$27.08
	\$160.00 / \$13.33 \$185.00 / \$15.42

Membership Options:

You can choose from an Annual Renewal Membership (payment is made by cash, check, credit card or direct payment) or a Continual Membership (using the direct payment option using your checking account).

You can renew your annual membership online using eConnect registration by using a Visa, MasterCard or Discover Card. Use your log-in ID and Account PIN and go to: www.maplegrovecommunitycenter.org and look for Community Center Memberships.

Online purchases for memberships are not available if you want to do the following: (you must register in person)

- If you plan on paying by check, cash or using the Direct Payment monthly option.
- If you work full-time in Maple Grove and want to receive the resident rate you must register in person and bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- If you want to receive the MERSC rate you must register in person and bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Terms and conditions will be given to you upon purchasing the membership or mailed to you for online purchases.

Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The regular/non-resident fee will be charged to additional family members. Regular/non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

Acceptable Forms of ID

- Drivers License or State ID
- Maple Grove or Osseo Jr./Sr. High School ID
- MGCC Membership ID
- ID and current pay stub from Maple Grove business

Age Criteria

- Youth Age 17 and under
- Adult Age 18-61
- Senior Age 62 and above
- Family consists of immediate family of up to two adults and their children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of fulltime college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate. Senior is ages 62 and older. Youth is 17 & under.

Gift Cards

Give a fun-filled gift this holiday season. Gift cards to the Community Center can be used on admissions, concessions, room rentals, memberships and more. The gift cards can be made for any denomination. Use them for a stocking stuffer or a gift with a higher value. They may be purchased at the main customer service or pool desk during operating hours. Call 763-494-6500 if you have any questions.



Community Center Rentals & Groups



Groups, Home Schools & Private Rentals

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. Meal options for daytime groups are available. For details call the Rental Coordinator at 763-494-5969.

Group Rates

Group rates are available for 25 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1/10 ratio of adult/youth.

Group Rates: single activity

Gym	\$2.50
Ice Skating	\$3.75
Maple Maze, Indoor Playground	\$3.75
Grove Cove Aquatic Center	\$5.00
Group Rates: multiple activities	
Grove Cove Aquatic Center & Maple Maze	\$6.00
diove cove Aquatic Certier & Maple Maze	70.00
Grove Cove Aquatic Center & Maple Maze Grove Cove Aquatic Center & Gym	\$6.00
· · · · · · · · · · · · · · · · · · ·	
Grove Cove Aquatic Center & Gym	\$6.00

Private Maple Maze Rentals

All Building Daily Admission

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour.

Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.

Homeschoolers

Calling all homeschoolers! You will be eligible for discount opportunities. We are compiling a list of individuals or groups that are interested in scheduled time to use the gym for educational purposes. If interested, call Lisa at 763-494-6517 or email ljost@maplegrovemn.gov

Room Rental Information

Call the Community Center room rental pre-recorded information line at 763-494-5969. The Rental Coordinator works from 8:00 a.m. – 4:30 p.m., Monday - Friday. Please leave a number where you can be reached during these hours. Call two weeks or more in advance to assure a room is available.

Room rental requests can also be made in person, by mail or by fax (fax number is 763-494-6454). You can also email the Rental Coordinator at **!lundquist@maplegrovemn.gov**

You will receive a phone call within 1 business day to confirm your reservation. Once you receive your permit, you will have 5 working days to sign the permit and return with your rental payment and damage deposit.

We understand there is a great deal of planning that you will do for your large group events. We would be happy to schedule a meeting to answer all your questions. Please call 763-494-5969 and leave a message with a preferred date and time to meet.

Meeting Rooms

From seminars and meetings to birthday parties, you'll want to schedule your next event here! Call the pre-recorded line at 763-494-5969 to reserve your room now! Leave your name, address, phone number and preferred dates and times. Cancellations require a two-week notice to receive a refund. A \$50 damage deposit is required two weeks prior to the event.

Hours: Rooms are available

Monday-Friday 6:00 a.m. - 10:00 p.m. Saturday 8:00 a.m. - 10:00 p.m. Sunday 12:30 p.m. - 10:00 p.m.

Fees:

\$8.00

(Monday-Sunday)

Private/Business

*Add 7.275% Sales Tax

Regular(Non-Res.)

\$30.00/hr

\$25.00/hr

The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

Decorations: You are welcome to bring in your own decorations. Tape or adhesives are not allowed. We will provide ceiling hooks, magnets for whiteboards for your use.

Food/Beverage: Bring your own food or schedule our food service upon scheduling the room. Select from coffee, pop, juice, and muffins. NO RED BEVERAGES. No alcohol allowed in the small meeting/party rooms.

Parties or gift openings are not allowed in the open lobby areas. Your party group is certainly welcome, however you will be asked by staff to store your belongings in your vehicle.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.



Community Center Large Area Rentals



Banquet Room

The Banquet Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshows or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 p.m.; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 p.m. to 10:00 p.m.

<u>Table Set-Up:</u> Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

Decorations: You are welcome to bring in your own decorations. Ask to see our photo book for ideas.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, Green Mill and Holy Land. A licensed caterer is required to serve your refreshments and meal for an additional fee. A portable beverage bar with dispensers is available. Rentals are required to use the exclusive liquor provider licensed to sell alcohol at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

Fees:	Regular/Non-Res.	<u>Resident</u>
Private Function	¢275.00	¢225.00
Monday - Thursday	\$375.00	\$325.00
Friday	\$425.00	\$375.00
Saturday	\$725.00	\$675.00
Sunday	\$425.00	\$375.00
*Add 7.275% Sales Tax	(
Kitchen Fee *(Caterers use only)	\$75.00	\$75.00

Red beverages are not allowed excluding red wine when served through the exclusive liquor provider.

Room 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees:	Regular/Non-Res.	<u>Resident</u>
Private/Business Function		
(1-5 hours)	\$45.00/hr	\$40.00/hr
Mon-Thur (evenings)	\$270.00	\$240.00
Friday (evenings)	\$270.00	\$240.00
Sat-Sun	\$270.00	\$240.00
*Add 7 275% Sales Tax		

Gymnasium Rental

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and badminton. Two of the hoops have adjustable heights.

1/2 Court Rental Fees

Regular/Non-Res. Resident \$55.00 per hour \$50.00 per hour

MGCC Membership holders will receive \$10.00 off a private rental

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

Community Center Gym & Indoor Playground

Gymnasium

	,	
Daily Admission	Regular/Non-Res.	Resident
Tots-Parents free with Tot*	\$3.00	\$2.50
Single	\$7.00	\$4.00
Home School **	\$2.50	\$2.50
Coupon Book	\$35.00	\$35.00

10 coupons/book-all ages

Everyone 9 and older MUST register to use the gym. All gym users must pay for and wear a wristband. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and resident open gym times.

A zero tolerance policy is enforced.

Registration: The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

Be Prepared: Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

Residency as referred to on the gym schedule is defined as people who live in Maple Grove, have full-time employment in Maple Grove, or currently attends Maple Grove/Osseo Junior or Senior High School.

Acceptable Forms of ID to Register

- Drivers license with current address.
- Non-residents working full time in Maple Grove are to bring a current pay stub and drivers license.
- MGCC Resident ID.
- · MN ID with photo with current address.
- State ID and utility billing in the patron's name.

Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership Holders will scan their ID's at the gym desk. All patrons must wear a wristband.

Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

www.maplegrovecommunitycenter.org.

Maple Maze - Indoor Playground

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. A special toddler area is available for children ages three and under. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!

Hours of Operation

Monday – Saturday 9:00 a.m. – 8:00 p.m. Sundays 10:00 a.m. – 6:00 p.m.

Daily AdmissionRegular/Non-Res.ResidentYouth ages 1-12\$5.50\$4.50Toddlers under age oneFreeFreeSocks\$3.00/pair\$3.00/pair

Coupon BookRegular/Non-Res.Resident10 Coupons/all ages\$40.00\$40.00

Specials

Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 p.m. Monday – Saturday and after 5:00 p.m. on Sunday.

Daycare Provider Rate

Home Licensed Daycare Providers receive a discounted rate of \$3.25 per child when purchasing 9 or less Maze admissions. Ten or more Maze admissions will be at the group rate of \$3.75 per child. Daycare Providers must present a current copy of their daycare license and a driver's license. Offer not valid on school release days and during the summer.

Indoor Playground Rules

- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.
- Socks must be worn.
- · Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- · No pushing or rough play.
- The toddler area is restricted to children 3 and under.
- Wristband must be worn.
- Groups visiting the Indoor Playground with reservations are posted.

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour. Sundays from 9:00 a.m. - 10:00 a.m. for \$75.00. Contact Lynne Lundquist at 763-494-6527 for additional information and availability.



^{*}Parents are free during scheduled tot time only.

^{**}Home School rate during designated times only.

Community Center Birthday Party Packages

Birthday Party Packages

Celebrate your child's birthday or bring a group of children to party at the Community Center!

Call the Birthday Party Hot Line at 763-494-5966. State your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period. Calls are returned in the afternoons, evenings and on weekends.



Basic Package

The cost is \$100 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities: playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 p.m. and Saturdays & Sundays 1:00 p.m. - 2:30 p.m. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

Reservation Information

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

A \$50.00 damage/security deposit is required within 48 hours of booking the event. Full payment is accepted on the event day. Cancellations must be received ten business days prior to the event in order for the security/damage deposit to be returned. Deposit will be processed for no shows.

Additional Options that can be added to any package:

- \$3.25 per person for a hot dog and chips
- \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- \$5.00 for extra paper supplies for up to 15 adults
- \$4.00 per pitcher of pop
- \$4.50 per adult to swim
- \$2.00 per adult for ice skating & \$2.00 for skate rental
- \$15.00 for a 10" white or chocolate cake or 1/4 sheet cake
- \$25/hour & tax for Residents and \$30/hour & tax for Non-Residents for additional room time.

*Add 7.275% Sales Tax

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 p.m. - 8:15 p.m. or Saturdays from 8:15 p.m. - 10:15 p.m. The fee of \$150 includes use of a room for up to 40 people for an hour. Sundays from 9:00 a.m. - 10:00 a.m. for \$75.00. Contact Lynne Lundquist at 763-494-6527 for additional information and availability.

Junior Fire Fighter Party

Kids love to be a Junior Fire Fighter! Kids will spend an hour partying with a Maple Grove Fire Fighter. The hour will include a tour and ride on a fire engine truck. Each child will receive a fire hat and coloring activity book. The fee includes a party room with a fire fighter theme décor, a cake, beverages (juice boxes or soda) and paper supplies. The fee for up to 12 children is \$130 with $1\frac{1}{2}$ hours of room time and a 10" cake. Parties with 13-18 children is \$180 with 2 hours of room time and a 10" cake. Parties with 19-24 children is \$230 with $2\frac{1}{2}$ hours of room time and half a sheet cake. Parties are available Monday - Friday from 9:00 a.m. - 3:00 p.m. and Saturdays & Sundays.

Notes: This party is offered to Maple Grove Residents only. A two week notice is required due to scheduling of staff and equipment. Youth must be 4 years of age or older, weigh 30 pounds or more and must be a minimum of 34" to ride the fire truck.



Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$130.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities; swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 p.m. and Saturdays & Sundays 1:00-2:30 p.m. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 10" cake, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

Super Hero Party

Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$130 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 p.m., Saturdays & Sundays from 1:00 - 2:30 p.m. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 10" cake, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

Teen Center Birthday Celebrations (Grades 7-12) **See page 30**



Community Center Ice Arena

Ice Arena

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

Daily Admission	Regular/Non-Res.	<u>Resident</u>
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$2.50	\$2.50
*Not valid during school rele	ase days.	

(Youth 4 and under are free)

Adult Open Hockey	\$6.50	\$6.50
Low Test Freestyle	\$6.50	\$6.50
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
10 coupons/book-all ages		

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

Skating Services

Skate Rentals	\$2.50 per pair
(sizes youth 8 to adult 12)	
Skate Sharpening	\$4.00 per pair

Ice Rental Rates

Prime Time Ice (Sept May)	\$190.00/hour + tax
Mon - Fri	2:00 p.m 11:00 p.m.
Sat & Sun	6:00 a.m 11:00 p.m.
Non-Prime Time Ice (June-August)	\$155.00/hour + tax
Mon - Fri	11:01 p.m 1:59 p.m.
Sat - Sun	11:01 p.m 5:59 a.m.

*For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice arena office at 763-494-5968.



Weekday Open Skate*

Tuesday & Thursday 11:30 a.m. – 1:00 p.m.

Youth ages 4 and under are free. Adult supervision is required.

Weekend Open Skate*

Fridays	7:15 p.m 8:45 p.m
Saturdays	1:00 p.m 2:30 p.m
Sundays	1:00 p.m. – 2:30 p.m

Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey*

Sundays	11:15 a.m. – 12:45 p.m.
Fridays	11:30 a.m. – 1:00 p.m.
*Helmets and shin pads are required.	Skaters must be 18 years or
older	

Low Test Freestyle*

Sundays 9:30 a.m. – 11:00 a.m.

School Vacation and Release Days Open Skate

\$5.00 resident & \$6.00 non-resident.

Youth ages 4 and under are free. Adult supervision is required.

Wednesday, December 24	11:30 a.m. – 1:00 p.m
Friday, December 26	11:30 a.m. – 1:00 p.m
Monday, December 29	11:30 a.m. – 1:00 p.m
Tuesday, December 30	11:30 a.m. – 1:00 p.m
Wednesday, December 31	11:30 a.m. – 1:00 p.m
Thursday, January 1	11:30 a.m 2:30 p.m.
Friday, January 2	11:30 a.m. – 1:00 p.m
Monday, January 19	11:30 a.m. – 1:00 p.m
Monday, February 2	11:30 a.m. – 1:00 p.m
Friday, February 13	11:30 a.m. – 1:00 p.m
Monday, February 16	11:30 a.m. – 1:00 p.m

Senior Open Skate* (ages 50 and older)

Tuesdays & Thursdays	9:00 a.m. – 10:00 a.m.
No Charge	

2014-2015 Winter Open Skate Specials*

Friday, December 19 7:15 p.m. - 8:45 p.m. 'The Holiday Gift' - Any family or individual bringing in a holiday shopping receipt for more than \$100 deserves a 50% discount on admission!

Friday, January 9 7:15 p.m. - 8:45 p.m. **'Skate in the Sunshine'** - All skaters dressed in yellow will receive a 50% discount on admission.

Friday, February 13 7:15 p.m. - 8:45 p.m. 'Skate in Red' - All skaters dressed in red and couples will receive a

50% discount on admission.

Ice Arena Concession Stand

Thanks to OMGHA for providing volunteers and quality services with a friendly smile. Stop in for a cup of hot coffee, hot dog, cookies, french fries and more new items at the lower level concession stand. Get a premium coffee brewed at the coffee kiosk from 8:00 a.m. - noon on Saturdays.





Community Center Grove Cove Aquatic Center



Admission fee provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. The pool schedule is listed on page 65. Patrons under the age of 1 are free with a paying adult.

<u>Daily Admission</u>	Regular/Non-Res	Resident
Single - under 1 free	\$7.00	\$6.00
Family	\$25.00	\$22.00
Coupon Book	Regular/Non-Res	Resident

\$55.00

Hours of Operation

10 coupons/book-all ages \$55.00

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at <u>www.maplegrovecommunitycenter.org</u>

www.maplegrovecommunitycenter.org Flotation Fun!

During designated times, the lap pool will have fun floatation items available for you to play with! All persons using the lap pool during this

time must be capable of swimming in deep water unassisted, and may be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time!

Flotation Fun is available on Fridays from 7:00 - 8:00 p.m., and Saturdays and Sundays from 3:00 - 4:00 p.m.

The climbing wall, rope swing and volleyball net will not be available during float times.



Group Rates

Group rates are available for 25 or more swimmers at \$5.00 per person. A two (2)-week advance reservation is required and you must pay with one (1) transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12:00 p.m., or after hours any night of the week. Groups may be scheduled after noon on weekends and District #279 no school days. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now.

SPECIAL EVENTS AND FAMILY FUN

Friday Family Fundays

Stay warm this winter with Friday Family Fundays at the Grove Cove! You will find admission discounts, concession specials, flotation fun and even fabulous prize drawings!

<u>Daily admission for Friday Family Fundays</u> is \$5.00/individual or \$19.00/family for ALL visitors. Prices are good every Friday.

Flotation Fun Flotation Fun is available on Fridays from 7:00 - 8:00 p.m. (See sidebar for other times.) The climbing wall, rope swing and volleyball net will not be available during float times.

Concession specials will be offered all day, every Friday!



<u>Age Limit</u>

Patrons with children age 4 and older must use the same-sex locker-room or the family changing rooms.

Pool Rules

- US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, waterslides (except the tot slide) or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- Parents are <u>strongly encouraged</u> to be in the water with all children under 42" tall.
- Swim diapers are required for all non-trained swimmers, and are available to purchase at the lower level customer service desk.
- Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- No diving in any of the pools.
- No diving masks with glass lenses are allowed in the pool.
- No glass, street shoes, food or beverages in the pool area.
- No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

Please bring your lifejackets and diving masks to the pool office to be checked before using!



THE GROVE COVE AQUATIC CENTER WINTER SCHEDULE

Come in and join the fun at the Grove Cove Aquatic Center! There are activities and features for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities including a teacup, umbrella jet, water geysers and a bubble bench. This pool also includes a twisting 130-foot long waterslide that empties into 3½ feet of warm water. The Lap Pool features 25-yard lap lanes, a volleyball net, and a rope swing and climbing wall that both drop into 12½ feet of water.

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am		
8:00 am	Arthritis / Open		Sr Swim / Open		Arthritis / Open	Lessons / Open	
9:00 am	Lessons / Open	Arthritis / Lessons	Lessons / Open	Arthritis / Lessons	Open Swim	8:00am-12:00 pm	
10:00 am	9:15am-12:40pm	Lessons / Open	9:15am-12:40pm	Open Swim	(Groups may use		Open Swim
11:00 am		9:15am-12:40pm		(Groups may use	Pools from 10am-		10:00am-12:00pm
12:00 pm				Pools from 10am-	12pm. Pools will be	Open Swim with	Open Swim with
1:00 pm	Sr Swim / Open	Open Swim	Sr Swim / Open	12pm. Pools will be	open to Public)	Waterslide	Waterslide
2:00 pm	Open Swim	12:40pm-3:45pm	Open Swim	open to Public)		12:00pm-8:00pm	12:00pm-6:00pm
3:00 pm	Lessons / Open	Lessons / Open	Lessons / Open	Lessons / Open			
4:00 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm			
5:00 pm					Open Swim with		
6:00 pm	Open Swim with	Open Swim with	Open Swim with	Open Swim with	Waterslide		Pool Closed
7:00 pm	Waterslide	Waterslide	Waterslide	Waterslide	5:00pm-9:00 pm		
8:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm		Pool Closed	

NOTE: The Leisure Pool will remain open to the Public during swim lessons and classes. We ask that open swim patrons please be respectful of classes. Instructional equipment is for class use only. **PLEASE NOTE**: The water spray features may be turned OFF during classes! On dates when lessons or classes are not in session, the entire Leisure Pool will be available for Open Swim.

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed
7:00 am	6:00am-9:15am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am		
8:00 am		Sr Swim Fitness		Sr Swim Fitness		LTF Aerobics	
9:00 am	LTF Aerobics	Lap Swim	LTF Aerobics	Lap Swim	LTF Aerobics	Lessons / Lap	
10:00 am	9:15am-10:30am	9:00am-3:40pm	Lap Swim	Groups***	Groups***	9:00am-12:00pm	Lap Swim
11:00 am	Lap Swim		10:00am-3:40pm	10:00am-12:00pm	10:00am-12:00pm		10:00am-1:00pm
12:00 pm	10:30am-3:40pm			Lap Swim	Lap Swim	Lap Swim	
1:00 pm				12:00pm-3:40pm	12:00pm-5:00pm	Open Swim with	Open Swim with
2:00 pm						*Rope Swing /	*Rope Swing /
3:00 pm						Climbing Wall	Climbing Wall
4:00 pm	Lessons / Lap	Lessons / Lap	Lessons / Lap	Lessons / Lap		1:00pm-8:00pm	1:00pm-6:00pm
5:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	3:40-6:00 pm	Open Swim with		
6:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	*Rope Swing /		Pool Closed
7:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	MGPR Aerobics	Climbing Wall		
8:00 pm	Lap Swim	MGPR Aerobics	Lap Swim	Lap Swim	5:00-9:00 pm	Pool Closed	

<u>NOTE</u>: At least one Lap Lane will remain open during afternoon swim lessons, and at least three Lap Lanes will remain open during Saturday morning swim lessons. The Lap Pool will NOT be available during Aerobics classes! On dates when lessons or classes are not in session, the Lap Pool will be open for Lap Swim. ***On Thursday and Friday mornings, when NO GROUPS are scheduled, all Lap Lanes will be available for Lap Swim. Weekly Lap Swim schedules are available at the Customer Service desks or in the literature racks located around the Community Center. *During these times, the Rope Swing and Climbing Wall will be open on an alternating basis as determined by staff.

The Pools will have Special Hours on the following dates due to Holidays or District #279 No School Days:

12/24/14	Pools open from 6:00 am - 12:00 pm. No Rope Swing / Climbing Wall or Waterslide. (Tentative Schedule)
12/25/14	POOLS & COMMUNITY CENTER CLOSED.
12/26/14	Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00-9:00
12/29/14	Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
12/30/14	Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
12/31/14	Rope Swing / Climbing Wall open 1:00-4:00 pm. Waterslide open 12:00-4:00 pm.
	***Pools and Community Center close at 4:00pm for Family New Year's Eve Event.
1/1/15	Pools open 12 pm - 6 pm. Rope Swing/Climbing Wall open 1:00-6:00pm.Waterslide open 12:00-6:00pm.
1/2/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00-9:00
1/19/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
2/2/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
2/13/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00-9:00 pm.
2/16/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00-9:00 pm.
3/6/15	Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm Waterslide open 12:00-9:00 pm



Five Easy Ways To Register!

Reg. Dates





DON'T STAND IN LINE!

ONLINE WITH eCONNECT

Log on to
<u>www.maplegrovemn.gov</u>
Place icon on Recreation link
Click on eConnect Registration pull-out.

TOUCH TONE PHONE

763-420-3662

Call the registration line and follow the instructions.

All registration (except swim) begins on Wednesday, December 10 at 9:00 a.m. This includes online, touch-tone, mail, fax and walk-in. Swim and evening Water Aerobics registration begins on Thursday, December 11at 9:00 a.m.

You need to have an account established before registration for ONLINE or TOUCH TONE. Fill out the family form below to set up an account. If you don't have your log-in ID and account PIN number, call 763-494-6500, Monday-Friday, 8:00 am-4:30 pm to retrieve your account codes.



MAIL (processed at random)

Fill out form on page 67.

Mail to: Maple Grove Parks & Recreation
12951 Weaver Lake Rd, Maple Grove,
MN 55369-9409. Make checks payable
to Maple Grove Parks/Rec. Visa,
Mastercard and Discover accepted.

FAX (processed at random)

Fill out form on page 67. Fax to secure printer 763-494-6456 Visa, Mastercard and Discover accepted.

WALK-IN REGISTRATION

Registrations can be handled Monday through Friday,

7:00 a.r Maple Center Lake

7:00 a.m. - 6:00 p.m. at the Maple Grove Community Center, 12951 Weaver Lake Rd, Maple Grove. Make checks payable

to Maple Grove Parks/Rec. Visa, Mastercard and Discover accepted. <u>To avoid standing</u> <u>in line, register on-line or by</u> <u>Touch-Tone telephone.</u>



Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/ both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

←					
To receive your family account PIN and ind Maple Grove Parks and Recreation, 12951	_				return to:
Household - Family Information					
Master Contact (whoever most often deals v	with Parks and R	decreation s	ervices)		1
Master Contact:		Da	ate of Birt	h:	
Street:					
City:	State:		Zip:		
Home phone (include area code)	wo	rk phone (i	include are	a code)	
Email:					
List all other individuals (adult and children	n) living in your	household			
Last Name (if different) First Na	me	Birthdate	Gender M/F	Work #	Special Need



MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM

		GENDER	AGE	DINTITIDATE	
ADDRESS		CITY		ZIP	
HONE: HOME BEST DAY NUMBE			CELLPHONE		
E-MAIL			-		
ACTIVITY CODE	ACTIVITY TITLE		SKILL	LEVEL (if applicable)	
LOCATION	DATE	TIME		AMOUNT	
l shall indemnify, defend, and hold the City o participation in registered programs. In accord and/or your child or guardian on this form is co the public. While you may choose to withhold t	ATION & RELEASE OF LIABILITY f Maple Grove and the Parks and Recreation Board har lance with the Minnesota Government Data Practices Aconsidered private. This private data is available to you, cithis data, the consequences could be that you may not in to be used for promotional materials. Either/both of the ment and two consents.	ct, the Park Board hereby in ity staff, coaches and instru receive updated program in	forms you that ctors who need formation such	the personal information we are requesting of yo this information to perform their duties, but not t as schedule changes. I further give consent to hav	
	Pare	nt's Signature (if m	inor) or Par	ticipant's Signature	
CREDIT CARD AUTHORIZED	signature				
CHECK NO VISA/DIS	SCOVER/MASTERCARD #		E	XPIRATION DATE	
	— — — — — — — — — — — — — — — — — — —	 	 ION FORM		
	— — — — — — — — — — — — — — — — — — —				
		GENDER	AGE	BIRTHDATE	
ADDRESS		GENDER	AGE	BIRTHDATE	
ADDRESSPHONE: HOME		GENDER	AGE	BIRTHDATE	
ADDRESSPHONE: HOMEE-MAIL		GENDER	AGE _CELLPHO	BIRTHDATE ZIP DNE	
ADDRESSPHONE: HOMEE-MAILACTIVITY CODE	BEST DAY NUMBER	GENDER	AGE _CELLPHO _ SKILL	BIRTHDATE ZIP DNE LEVEL (if applicable)	
ADDRESS	BEST DAY NUMBER ACTIVITY TITLE DATE ATION & RELEASE OF LIABILITY f Maple Grove and the Parks and Recreation Board har ance with the Minnesota Government Data Practices Ac onsidered private. This private data is available to you, ci this data, the consequences could be that you may not r in to be used for promotional materials. Either/both of t ment and two consents.	TIME rmless from any liability acct, the Park Board hereby in ity staff, coaches and instru receive updated program in these consents may be can-	AGE CELLPHO SKILL gainst all claims, iforms you that ctors who need formation such celled in writing	BIRTHDATE ZIP DNE LEVEL (if applicable) AMOUNT losses, damages, person's injury or worse during the personal information we are requesting of you this information to perform their duties, but not the as schedule changes. I further give consent to have at any time. The completion of this form significations are significant to the completion of this form significant to the completion of th	
ADDRESS	BEST DAY NUMBER ACTIVITY TITLE DATE ATION & RELEASE OF LIABILITY f Maple Grove and the Parks and Recreation Board har ance with the Minnesota Government Data Practices Ac onsidered private. This private data is available to you, ci this data, the consequences could be that you may not r in to be used for promotional materials. Either/both of t ment and two consents.	TIME rmless from any liability acct, the Park Board hereby in ity staff, coaches and instru receive updated program in these consents may be cannot be consents of the c	AGE CELLPHO SKILL gainst all claims, iforms you that ctors who need formation such celled in writing	BIRTHDATE ZIP DNE LEVEL (if applicable) AMOUNT losses, damages, person's injury or worse during the personal information we are requesting of you this information to perform their duties, but not the as schedule changes. I further give consent to have at any time. The completion of this form significant ticipant's Signature	



Maple Grove Parks and Recreation Board 12951 Weaver Lake Road Maple Grove, MN 55369

PRSRT STD U.S. POSTAGE PAID Permit No. 65 Osseo, Minn.

* * * * * ECRWSS * * POSTAL CUSTOMER

Active Living Every Day



Get on Track to an Active Life!

Are you looking to make simple changes in your life to be a happier, healthier you? The good news is that just because the weather has changed doesn't mean you can't make positive healthy changes in your life now.

Active Living Every Day is a 12-week program offered to community members interested in ways to get moving this winter and get on track to a more active life year round. The registration fee is \$140. Registration information is inside this brochure. Classes will take place at Maple Grove Senior High School and are taught by dieticians from Maple Grove Hospital. Classes begin on January 7, 2015!

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Learn to Skate



Ice skating is a fun activity that can be done outdoors in the winter or in an ice rink year-round. Learning how to skate can seem intimidating, but once you get used to the feel of the ice and the movement of your feet, it can be a great activity to do with friends and a way to stay healthy!

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